## **COLD DRINKS**

## **MILKSHAKES**

## Caramel Milkshake with Full Cream Milk - Med

NUTRITION INFORMATION Servings per package: 1 Serving size: 490mL



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	Average Quantity per Serving	Average Quantity per 100mL
Energy	1160kJ (276Cal)	236kJ (56Cal)
Protein	7.0g	1.4g
Fat, Total	7.0g	1.4g
- Saturated	4.7g	1.0g
Carbohydrate	45.3g	9.3g
- Sugars	42.9g	8.8g
Sodium	112mg	23mg

## Caramel Milkshake with Full Cream Milk - Lge

NUTRITION INFORMATION Servings per package: 1 Serving size: 650mL

Serving size: 650mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	1440kJ (343Cal)	221kJ (53Cal)
Protein	10.0g	1.5g
Fat, Total	10.0g	1.6g
- Saturated	6.7g	1.0g
Carbohydrate	52.3g	8.1g
- Sugars	49.4g	7.6g
Sodium	153mg	24mg

Ingredients: Milk, Caramel Syrup (Water, Sugar, Milk, Maize Thickener (1442), Caramel Flavour, Vegetable Gum (415, Contains Traces Of Soy), Preservatives (202, 223), Colours (102, 155, 133, 150c), Food Acid (330), Salt.), Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.).

Contains Milk, Soybeans.

#### Caramel Milkshake with Skim Milk - Med NUTRITION INFORMATION Servings per package: 1 Serving size: 425mL Average Quantity per Serving Average Quantity per 100mL 901kJ (251Cal) 184kJ (44Cal) Energy 6.8g 1.4g Protein Fat, Total 0.6g 0.1g - Saturated 0.4g Less than 0.1g 44.8g 9.1g Carbohydrate 42.3g 8.6g - Sugars 119mg 24mg Sodium

Caramel Milkshake with Skim Milk - Lge		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 650mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	1080kJ (257Cal)	165kJ (40Cal)
Protein	9.8g	1.5g
Fat, Total	0.8g	0.1g
- Saturated	0.6g	Less than 0.1g
Carbohydrate	51.6g	7.9g
- Sugars	48.7g	7.5g
Sodium	163mg	25mg

Ingredients: Skim Milk (Homogenised & Pasteurised Skim Milk), Caramel Syrup (Water, Sugar, Milk, Maize Thickener (1442), Caramel Flavour, Vegetable Gum (415, Contains Traces Of Soy), Preservatives (202, 223), Colours (102, 155, 133, 150c), Food Acid (330), Salt), Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.). Contains Milk, Soybeans.

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#### Chocolate Milkshake with Full Cream Milk - Med NUTRITION INFORMATION Servings per package: 1 Serving size: 490mL Average Quantity per Serving Average Quantity per 100mL 1130kJ (270Cal) 230kJ (55Cal) Energy Protein 7.2g 1.5g Fat, Total 7.1g 1.5g 4.7g 1.0g - Saturated 43.2g 8.8g Carbohydrate 40.4g 8.2g - Sugars 136mg 28mg Sodium

Chocolate Milkshake with Full Cream Milk - Lge		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 650mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	1410kJ (337Cal)	217kJ (52Cal)
Protein	10.2g	1.6g
Fat, Total	10.1g	1.6g
- Saturated	6.7g	1.0g
Carbohydrate	50.2g	7.7g
- Sugars	46.9g	7.2g
Sodium	177mg	27mg

Ingredients: Milk, Chocolate Syrup (Water, Sugar, Maize Thickener (1442), Cocoa Powder, Chocolate Flavour, Food Acid (330), Salt, Vegetable Gum (415, Contains Traces Of Soy), Preservatives (202, 223), Colours (155, 102, 122, 133)), Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.).

Contains Milk, Soybeans.

#### Chocolate Milkshake with Skim Milk - Med NUTRITION INFORMATION Servings per package: 1 Serving size: 425mL Average Quantity per Serving Average Quantity per 100mL Energy 875kJ (209Cal) 319kJ (76Cal) 7.0g 2.5g Protein Fat. Total 0.69 0.2g - Saturated 0.4g 0.2g Carbohydrate 42.7g 15.5g 39.8g 14.5g - Sugars 143mg 52mg Sodium

Chocolate Milkshake with Skim Milk - Lge		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 650mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	1050kJ (251Cal)	282kJ (67Cal)
Protein	9.9g	2.7g
Fat, Total	0.9g	0.2g
- Saturated	0.6g	0.2g
Carbohydrate	49.4g	13.3g
- Sugars	46.2g	12.4g
Sodium	187mg	50mg

Ingredients: Skim Milk (Homogenised & Pasteurised Skim Milk), Chocolate Syrup (Water, Sugar, Maize Thickener (1442), Cocoa Powder, Chocolate Flavour, Food Acid (330), Salt, Vegetable Gum (415, Contains Traces Of Soy), Preservatives (202, 223), Colours (155, 102, 122, 133)), Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.).

Contains Milk, Soybeans.

#### Strawberry Milkshake with Full Cream Milk - Med NUTRITION INFORMATION Servings per package: 1 Serving size: 490mL Average Quantity per Serving Average Quantity per 100mL 1100kJ (264Cal) 225kJ (54Cal) Energy Protein 7.0g 1.4g Fat, Total 7.0g 1.4g 4.7g 1.0g - Saturated 42.7g 8.7g Carbohydrate 40.1g 8.2g - Sugars 102mg 21mg Sodium

Strawberry Milkshake with Full Cream Milk - Lge		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 650mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	1390kJ (331Cal)	213kJ (51Cal)
Protein	10.0g	1.5g
Fat, Total	10.0g	1.5g
- Saturated	6.7g	1.0g
Carbohydrate	49.6g	7.6g
- Sugars	49.6g	7.2g
Sodium	142mg	22mg

Ingredients: Milk, Strawberry Syrup (Water, Sugar, Strawberries, Maize Thickener (1442), Food Acid (296), Strawberry Flavour, Vegetable Gum (415), Preservative (202, 223), Colours (124, 122)), Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.).

Contains Milk, Soybeans.

Strawberry Milkshake with Skim Milk - Med		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 490mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	851kJ (203Cal)	174kJ (42Cal)
Protein	6.8g	1.4g
Fat, Total	0.5g	0.1g
- Saturated	0.4g	Less than 0.1g
Carbohydrate	42.1g	8.6g
- Sugars	39.5g	8.1g
Sodium	109mg	22mg

Strawberry Milkshake with Skim Milk - Lge		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 650mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	1020kJ (245Cal)	158kJ (38Cal)
Protein	9.7g	1.5g
Fat, Total	0.7g	0.1g
- Saturated	0.6g	Less than 0.1g
Carbohydrate	48.9	7.5g
- Sugars	45.8g	7.1g
Sodium	152mg	23mg

Ingredients: Skim Milk (Homogenised & Pasteurised Skim Milk), Strawberry Syrup (Water, Sugar, Strawberries, Maize Thickener (1442), Food Acid (296), Strawberry Flavour, Vegetable Gum (415), Preservative (202, 223), Colours (124, 122)), Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102).

Contains Milk, Soybeans.

#### Vanilla Milkshake with Full Cream Milk - Med NUTRITION INFORMATION Servings per package: 1 Serving size: 490mL Average Quantity per Serving Average Quantity per 100mL 1200kJ (287Cal) 245kJ (59Cal) Energy Protein 7.0g 1.4g Fat, Total 7.0g 1.4g - Saturated 4.7g 1.0g 48.5g 9.9g Carbohydrate 47.5g 9.7g - Sugars 104mg 21mg Sodium

Vanilla Milkshake with Full Cream Milk - Lge		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 650mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	1480kJ (354Cal)	400kJ (96Cal)
Protein	10.0g	2.7g
Fat, Total	10.0g	2.7g
- Saturated	6.7g	1.8g
Carbohydrate	55.4g	15.0g
- Sugars	54.0g	14.6g
Sodium	145mg	39mg

Ingredients: Milk, Vanilla Syrup (Sugar, Water, Vanilla Flavour, Vegetable Gum (466), Preservative (202), Food Acid (330), Colours (150d From Wheat, 150c)), Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.).

Contains Cereals Containing Gluten, Milk, Soybeans.

Vanilla Milkshake with Skim Milk - Med		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 490mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	947kJ (226Cal)	193kJ (46Cal)
Protein	6.8g	1.4g
Fat, Total	0.5g	0.1g
- Saturated	0.4g	Less than 0.1g
Carbohydrate	47.9g	9.8g
- Sugars	47.0g	9.6g
Sodium	111mg	23mg

Vanilla Milkshake with Skim Milk - Lge		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 650mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	1120kJ (268Cal)	172kJ (41Cal)
Protein	9.7g	1.4g
Fat, Total	0.7g	0.1g
- Saturated	0.6g	Less than 0.1g
Carbohydrate	54.7g	8.4g
- Sugars	53.3g	8.2g
Sodium	155mg	24mg

Ingredients: Skim Milk (Homogenised & Pasteurised Skim Milk), Vanilla Syrup (Sugar, Water, Vanilla Flavour, Vegetable Gum (466), Preservative (202), Food Acid (330), Colours (150d From Wheat, 150c)), Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.).

Contains Cereals Containing Gluten, Milk, Soybeans.

#### Banana Milkshake with Full Cream Milk - Med NUTRITION INFORMATION Servings per package: 1 Serving size: 490mL Average Quantity per Serving Average Quantity per 100mL 1060kJ (253Cal) 216kJ (52Cal) Energy Protein 7.0g 1.4g 7.0g 1.4g Fat, Total 4.7g 1.0g - Saturated 39.9g 8.2g Carbohydrate 37.3g 7.6g - Sugars Sodium 104mg 21mg

Banana Milkshake with Full Cream Milk - Lge		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 650mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	1340kJ (321Cal)	206kJ (49Cal)
Protein	10.0g	1.5g
Fat, Total	10.0g	1.5g
- Saturated	6.7g	1.0g
Carbohydrate	46.9g	7.2g
- Sugars	43.8g	6.7g
Sodium	145mg	22mg

Ingredients: Milk, Banana Syrup (Water, Sugar, Maize Thickener (1442), Colours (102, 110), Food Acid (330), Preservative (211), Banana Flavour, Vegetable Gum (415, Contains Traces Of Soy), Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.).

Contains Milk, Soybeans.

#### Banana Milkshake with Skim Milk - Med NUTRITION INFORMATION Servings per package: 1 Serving size: 490mL Average Quantity per Serving Average Quantity per 100mL 806kJ (192Cal) 164kJ (39Cal) Energy Protein 1.4g 0.1g Fat, Total 0.5g 0.4g Less than 0.1g - Saturated 39.4g 8.0g Carbohydrate 36.8g 7.5g - Sugars Sodium 111mg 23mg

Banana Milkshake with Skim Milk - Lge		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 650mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	979kJ (234Cal)	151kJ (36Cal)
Protein	9.7g	1.5g
Fat, Total	0.7g	0.1g
- Saturated	0.6g	Less than 0.1g
Carbohydrate	46.2g	7.1g
- Sugars	43.1g	6.6g
Sodium	155mg	24mg

Ingredients: Skim Milk (Homogenised & Pasteurised Skim Milk), Banana Syrup (Water, Sugar, Maize Thickener (1442), Colours (102, 110), Food Acid (330), Preservative (211), Banana Flavour, Vegetable Gum (415, Contains Traces Of Soy), Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.).

Contains Milk, Soybeans.

#### Lime Milkshake with Full Cream Milk - Med NUTRITION INFORMATION Servings per package: 1 Serving size: 490mL Average Quantity per Serving Average Quantity per 100mL 1030kJ (247Cal) 211kJ (50Cal) Energy 7.4g 1.5g Protein 7.0g 1.4g Fat, Total 4.7g 1.0g - Saturated 38.5g 7.9g Carbohydrate 36.4g 7.4g - Sugars Sodium 105mg 21mg

Lime Milkshake with Full Cream Milk - Lge		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 650mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	1320kJ (314Cal)	202kJ (48Cal)
Protein	10.4g	1.6g
Fat, Total	10.0g	1.5g
- Saturated	6.7g	1.0g
Carbohydrate	45.5g	7.0g
- Sugars	43.0g	6.6g
Sodium	145mg	22mg

Ingredients: Milk, Lime Syrup (Water, Sugar, Thickener (1422), Flavour, Food Acid (330), Vegetable Gum (415), Preservatives (211, 223), Colours (102, 133)), Water, Vanilla Soft Serve Powder (Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.).

Contains Milk, Soybeans.

Lime Milkshake with Skim Milk - Med		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 490mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	779kJ (186Cal)	159kJ (38Cal)
Protein	7.2g	1.5g
Fat, Total	0.5g	0.1g
- Saturated	0.4g	Less than 0.1g
Carbohydrate	38.0g	7.8g
- Sugars	35.9g	7.3g
Sodium	112mg	23mg

Lime Milkshake with Skim Milk - Lge		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 650mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	952kJ (228Cal)	147kJ (35Cal)
Protein	10.1g	1.6g
Fat, Total	0.7g	0.1g
- Saturated	0.6g	Less than 0.1g
Carbohydrate	44.7g	6.9g
- Sugars	42.4g	6.5g
Sodium	155mg	25mg

Ingredients: Skim Milk (Homogenised & Pasteurised Skim Milk), Lime Syrup (Water, Sugar, Thickener (1422), Flavour, Food Acid (330), Vegetable Gum (415), Preservatives (211, 223), Colours (102, 133)), Water, Vanilla Soft Serve Powder (Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.).

Contains Milk, Soybeans.

#### **THICKSHAKES**

#### Caramel Thickshake with Full Cream Milk - Med NUTRITION INFORMATION Servings per package: 1 Serving size: 490mL Average Quantity per Serving Average Quantity per 100mL 1490kJ (356Cal) 304kJ (73Cal) Energy 7.5g Protein 1.5g Fat, Total 6.3g 1.3g 4.4g 0.9g - Saturated Carbohydrate 66.1g 13.5g 60.5g 12.3g - Sugars Sodium 159mg 33mg

Caramel Thickshake with Full Cream Milk - Lge		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 650mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	1830kJ (438Cal)	282kJ (67Cal)
Protein	9.7g	1.5g
Fat, Total	7.9g	1.2g
- Saturated	5.6g	0.9g
Carbohydrate	80.6g	12.4g
- Sugars	73.2g	11.3g
Sodium	208mg	32mg

Ingredients: Milk, Caramel Syrup (Water, Sugar, Milk, Maize Thickener (1442), Caramel Flavour, Vegetable Gum (415, Contains Traces Of Soy), Preservatives (202, 223), Colours (102, 155, 133, 150c), Food Acid (330), Salt.), Vanilla Soft Serve Powder (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.).

Contains Milk, Soybeans.

#### Caramel Thickshake with Skim Milk - Med NUTRITION INFORMATION Servings per package: 1 Serving size: 425mL Average Quantity per Serving Average Quantity per 100mL 1301kJ (312Cal) 267kJ (64Cal) Energy Protein 7.3g 1.5g Fat, Total 1.7g 0.3g - Saturated 1.4g 0.3g Carbohydrate 65.7g 13.4g - Sugars 60.1g 12.3g Sodium 164mg 34mg

Caramel Thickshake with Skim Milk - Lge		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 650mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	1610kJ (386Cal)	248kJ (59Cal)
Protein	9.5g	1.5g
Fat, Total	2.3g	0.4g
- Saturated	2.0g	0.3g
Carbohydrate	80.1g	12.3g
- Sugars	72.7g	11.2g
Sodium	214mg	33mg

Ingredients: Skim Milk (Homogenised & Pasteurised Skim Milk), Caramel Syrup (Water, Sugar, Milk, Maize Thickener (1442), Caramel Flavour, Vegetable Gum (415, Contains Traces Of Soy), Preservatives (202, 223), Colours (102, 155, 133, 150c), Food Acid (330), Salt.), Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.).

Contains Milk, Soybeans.

#### Chocolate Thickshake with Full Cream Milk - Med NUTRITION INFORMATION Servings per package: 1 Serving size: 490mL Average Quantity per Serving Average Quantity per 100mL 1460kJ (349Cal) 298kJ (71Cal) Energy Protein 1.6g 6.3g Fat, Total 1.3g 4.4g 0.9g - Saturated 64.0g 13.1g Carbohydrate 58.0g 11.8g - Sugars Sodium 183mg 37mg

Chocolate Thickshake with F	- Full Cream Milk - Lge	
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 650mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	1810kJ (431Cal)	278kJ (66Cal)
Protein	9.8g	1.5g
Fat, Total	7.9g	1.2g
- Saturated	5.6g	0.9g
Carbohydrate	78.4g	12.1g
- Sugars	70.7g	10.9g
Sodium	232mg	36mg

Ingredients: Milk, Chocolate Syrup (Water, Sugar, Maize Thickener (1442), Cocoa Powder, Chocolate Flavour, Food Acid (330), Salt, Vegetable Gum (415, Contains Traces Of Soy), Preservatives (202, 223), Colours (155, 102, 122, 133)), Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.).

Contains Milk, Soybeans.

#### **Chocolate Thickshake with Skim Milk - Med** NUTRITION INFORMATION Servings per package: 1 Serving size: 490mL Average Quantity per Serving Average Quantity per 100mL 1280kJ (306Cal) 261kJ (62Cal) Energy Protein 7.5g 1.5g 1.7g 0.3g Fat, Total - Saturated 1.4g 0.39 Carbohydrate 63.6g 13.0g 57.6g 11.8g - Sugars Sodium 188mg 38mg

Chocolate Thickshake with Skim Milk - Lge		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 650mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	1590kJ (379Cal)	244kJ (58Cal)
Protein	9.7g	1.5g
Fat, Total	2.4g	0.4g
- Saturated	2.0g	0.3g
Carbohydrate	78.0g	12.0g
- Sugars	70.0g	10.8g
Sodium	238mg	37mg

Ingredients: Skim Milk (Homogenised & Pasteurised Skim Milk), Chocolate Syrup (Water, Sugar, Maize Thickener (1442), Cocoa Powder, Chocolate Flavour, Food Acid (330), Salt, Vegetable Gum (415, Contains Traces Of Soy), Preservatives (202, 223), Colours (155, 102, 122, 133)), Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.).

Contains Milk, Soybeans.

#### Strawberry Thickshake with Full Cream Milk - Med NUTRITION INFORMATION Servings per package: 1 Serving size: 490mL Average Quantity per Serving Average Quantity per 100mL 1260kJ (300Cal) 256kJ (61Cal) Energy Protein 7.3g 1.5g 1.6g 0.3g Fat, Total 1.3g 0.3g - Saturated 63.0g 12.9g Carbohydrate 57.3g 11.7g - Sugars Sodium 153mg 31mg

Strawberry Thickshake with Full Cream Milk - Lge		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 650mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	1780kJ (426Cal)	274kJ (66Cal)
Protein	9.6g	1.5g
Fat, Total	7.8g	1.2g
- Saturated	5.6g	0.9g
Carbohydrate	77.9g	12.0g
- Sugars	70.3g	10.8g
Sodium	197mg	30mg

Ingredients: Milk, Strawberry Syrup (Water, Sugar, Strawberries, Maize Thickener (1442), Food Acid (296), Strawberry Flavour, Vegetable Gum (415), Preservative (202, 223), Colours (124, 122)), Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.).

Contains Milk, Soybeans.

#### Strawberry Thickshake with Skim Milk - Med NUTRITION INFORMATION Servings per package: 1 Serving size: 490mL Average Quantity per Serving Average Quantity per 100mL 1260kJ (300Cal) 256kJ (61Cal) Energy Protein 7.3g 1.5g 1.6g 0.3g Fat, Total - Saturated 1.3g 0.39 Carbohydrate 63.0g 12.9g - Sugars 57.3g 11.7g Sodium 153mg 31mg

Strawberry Thickshake wi	th Skim Milk - Lge	
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 650mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	1560kJ (374Cal)	334kJ (80Cal)
Protein	9.5g	2.0g
Fat, Total	2.3g	0.5g
- Saturated	1.9g	0.4g
Carbohydrate	77.5g	16.5g
- Sugars	69.9g	14.9g
Sodium	203mg	43mg

Ingredients: Skim Milk (Homogenised & Pasteurised Skim Milk), Strawberry Syrup (Water, Sugar, Strawberries, Maize Thickener (1442), Food Acid (296), Strawberry Flavour, Vegetable Gum (415), Preservative (202, 223), Colours (124, 122)), Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102).

Contains Milk, Soybeans.

#### Vanilla Thickshake with Full Cream Milk - Med NUTRITION INFORMATION Servings per package: 1 Serving size: 490mL Average Quantity per Serving Average Quantity per 100mL 1530kJ (366Cal) 313kJ (75Cal) Energy Protein 7.4g 1.5g 6.2g Fat, Total 1.3g - Saturated 4.4g 0.9qCarbohydrate 69.2g 14.1g 65.1g 13.1g - Sugars Sodium 151mg 31mg

Vanilla Thickshake with Full Cream Milk - Lge		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 650mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	1880kJ (448Cal)	289kJ (69Cal)
Protein	9.6g	1.5g
Fat, Total	7.8g	1.2g
- Saturated	5.6g	0.9g
Carbohydrate	83.7g	12.9g
- Sugars	77.8g	12.0g
Sodium	200mg	31mg

Ingredients: Milk, Vanilla Syrup (Sugar, Water, Vanilla Flavour, Vegetable Gum (466), Preservative (202), Food Acid (330), Colours (150d From Wheat, 150c)), Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.).

Contains Cereals Containing Gluten, Milk, Soybeans.

Vanilla Thickshake with Skim Milk - Med		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 490mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	1530kJ (366Cal)	313kJ (75Cal)
Protein	7.4g	1.5g
Fat, Total	6.2g	1.3g
- Saturated	4.4g	0.9g
Carbohydrate	68.2g	14.1g
- Sugars	65.1g	13.3g
Sodium	151mg	31mg

Vanilla Thickshake with Skim Milk - Lge		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 650mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	1880kJ (448Cal)	289kJ (69Cal)
Protein	9.6g	1.5g
Fat, Total	7.8g	1.2g
- Saturated	5.6g	0.9g
Carbohydrate	83.7g	12.9g
- Sugars	77.8g	12.0g
Sodium	200mg	31mg

Ingredients: Milk, Vanilla Syrup (Sugar, Water, Vanilla Flavour, Vegetable Gum (466), Preservative (202), Food Acid (330), Colours (150d From Wheat, 150c)), Vanilla Soft Serve Powder (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.).

Contains Cereals Containing Gluten, Milk, Soybeans.

#### Banana Thickshake with Full Cream Milk - Med NUTRITION INFORMATION Servings per package: 1 Serving size: 490mL Average Quantity per Serving Average Quantity per 100mL 1390kJ (333Cal) 284kJ (68Cal) Energy Protein 7.4g 1.5g Fat, Total 6.2g 1.3g - Saturated 4.4g 0.9g 60.7g Carbohydrate 12.4g - Sugars 54.9g 11.2g Sodium 151mg 31mg

Banana Thickshake with Full Cream Milk - Lge		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 650mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	1740kJ (415Cal)	267kJ (64Cal)
Protein	9.6g	1.5g
Fat, Total	7.8g	1.2g
- Saturated	5.6g	0.9g
Carbohydrate	75.2g	11.6g
- Sugars	67.6g	10.4g
Sodium	200mg	31mg

Ingredients: Milk, Banana Syrup (Water, Sugar, Maize Thickener (1442), Colours (102, 110), Food Acid (330), Preservative (211), Banana Flavour, Vegetable Gum (415, Contains Traces Of Soy)), Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102).

Contains Milk, Soybeans.

#### Banana Thickshake with Skim Milk - Med NUTRITION INFORMATION Servings per package: 1 Serving size: 490mL Average Quantity per Serving Average Quantity per 100mL 1210kJ (289Cal) 247kJ (59Cal) Energy 7.3g 1.5g Protein 1.6g 0.3g Fat, Total 1.3g 0.3g - Saturated Carbohydrate 60.3g 12.3g 54.5g 11.1g - Sugars Sodium 156mg 32mg

Banana Thickshake with Skim Milk - Lge		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 650mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	1520kJ (363Cal)	324kJ (77Cal)
Protein	9.5g	2.0g
Fat, Total	2.3g	0.5g
- Saturated	1.9g	0.4g
Carbohydrate	74.7g	16.0g
- Sugars	67.1g	14.3g
Sodium	206mg	44mg

Ingredients: Skim Milk (Homogenised & Pasteurised Skim Milk), Banana Syrup (Water, Sugar, Maize Thickener (1442), Colours (102, 110), Food Acid (330), Preservative (211), Banana Flavour, Vegetable Gum (415, Contains Traces Of Soy)), Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.).

Contains Milk, Soybeans.

#### Lime Thickshake with Full Cream Milk - Med NUTRITION INFORMATION Servings per package: 1 Serving size: 490mL Average Quantity per Serving Average Quantity per 100mL 1370kJ (326Cal) 279kJ (67Cal) Energy Protein 7.8g 1.6g 6.2g Fat, Total 1.3g - Saturated 4.4g 0.9qCarbohydrate 59.2g 12.1g 54.0g 11.0g - Sugars Sodium 152mg 31mg

Lime Thickshake with Full Cream Milk - Lge		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 650mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	1710kJ (4080Cal)	263kJ (63Cal)
Protein	10.0g	1.5g
Fat, Total	7.8g	1.2g
- Saturated	5.6g	0.9g
Carbohydrate	73.7g	11.3g
- Sugars	66.7g	10.3g
Sodium	201mg	31mg

Ingredients: Milk, Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.), Lime Syrup (Water, Sugar, Thickener (1422), Flavour, Food Acid (330), Vegetable Gum (415), Preservatives (211, 223), Colours (102, 133)).

Contains Milk, Soybeans.

#### Lime Thickshake with Skim Milk - Med NUTRITION INFORMATION Servings per package: 1 Serving size: 490mL Average Quantity per Serving Average Quantity per 100mL 1180kJ (283Cal) 242kJ (58Cal) Energy Protein 7.7g 1.6g Fat, Total 1.6g 0.3g - Saturated 1.3g 0.39 Carbohydrate 58.9g 12.0g - Sugars 53.6g 10.9g Sodium 157mg 32mg

Lime Thickshake with Skim Milk - Lge		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 650mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	1490kJ (356al)	229kJ (55Cal)
Protein	9.9g	1.5g
Fat, Total	2.3g	0.4g
- Saturated	1.9g	0.3g
Carbohydrate	73.3g	11.3g
- Sugars	66.3g	10.2g
Sodium	207mg	32mg

Ingredients: Skim Milk (Homogenised & Pasteurised Skim Milk), Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.), Lime Syrup (Water, Sugar, Thickener (1422), Flavour, Food Acid (330), Vegetable Gum (415), Preservatives (211, 223), Colours (102, 133)).

Contains Milk, Soybeans.

## **QUAKESHAKES**

## **Choc Volcano with Full Cream Milk**

NUTRITION INFORMATION Servings per package: 1 Serving size: 650mL



	Average Quantity per Serving	Average Quantity per 100mL
Energy	2030kJ (484Cal)	312kJ (75Cal)
Protein	10.6g	1.6g
Fat, Total	10.9g	1.7g
- Saturated	7.5g	1.2g
Carbohydrate	84.2g	13.0g
- Sugars	76.3g	11.7g
Sodium	240mg	37mg

Ingredients: Milk, Chocolate Syrup (Water, Sugar, Maize Thickener (1442), Cocoa Powder, Chocolate Flavour, Food Acid (330), Salt, Vegetable Gum (415, Contains Traces Of Soy), Preservatives (202, 223), Colours (155, 102, 122, 133)), Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.), Flake Garnish (Full Cream Milk, Sugar, Cocoa Butter, Cocoa Mass, Milk Solids, Emulsifiers And Flavours).

Contains Milk, Soybeans.

Choc Volcano with Sk
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NUTRITION INFORMATION Servings per package: 1 Serving size: 490ml

Serving size: 490mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	1810kJ (433Cal)	279kJ (67Cal)
Protein	10.4g	1.6g
Fat, Total	5.4g	0.8g
- Saturated	3.9g	0.6g
Carbohydrate	83.8g	12.9g
- Sugars	75.8g	11.7g
Sodium	246mg	38mg

Ingredients: Skim Milk (Homogenised & Pasteurised Skim Milk), Chocolate Syrup (Water, Sugar, Maize Thickener (1442), Cocoa Powder, Chocolate Flavour, Food Acid (330), Salt, Vegetable Gum (415, Contains Traces Of Soy), Preservatives (202, 223), Colours (155, 102, 122, 133)), Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.), Flake Garnish (Full Cream Milk, Sugar, Cocoa Butter, Cocoa Mass, Milk Solids, Emulsifiers And Flavours).

Contains Milk, Soybeans.

## Honeycomb Lava with Full Cream Milk

NUTRITION INFORMATION Servings per package: 1 Serving size: 650mL



	Average Quantity per Serving	Average Quantity per 100mL
Energy	2150kJ (513Cal)	330kJ (79Cal)
Protein	10.3g	1.6g
Fat, Total	10.4g	1.6g
- Saturated	7.2g	1.1g
Carbohydrate	92.8g	14.3g
- Sugars	83.2g	12.8g
Sodium	273mg	42mg

Ingredients: Milk, Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.), Chocolate Syrup (Water, Sugar, Maize Thickener (1442), Cocoa Powder, Chocolate Flavour, Food Acid (330), Salt, Vegetable Gum (415, Contains Traces Of Soy), Preservatives (202, 223), Colours (155, 102, 122, 133)), Caramel Syrup (Water, Sugar, Milk, Maize Thickener (1442), Caramel Flavour, Vegetable Gum (415, Contains Traces Of Soy), Preservatives (202, 223), Colours (102, 155, 133, 150c), Food Acid (330), Salt.), Crunchie (Sugar, Glucose Syrup, Milk Solids, Cocoa Butter, Cocoa Mass Raising Agent (500), Emulsifiers (Soy Lecithin, 476), Hydrolysed Milk Protein, Flavours. Milk Chocolate Contains Cocoa Solids (26%), Milk Solids (23%)).

Contains Milk, Soybeans.

May Contain Peanuts, Tree Nuts and Wheat.

## Honeycomb Lava with Skim Milk

NUTRITION INFORMATION Servings per package: 1 Serving size: 650mL

	Average Quantity per Serving	Average Quantity per 100mL
Energy	1930kJ (461Cal)	297kJ (71Cal)
Protein	10.2g	1.6g
Fat, Total	4.8g	0.7g
- Saturated	3.6g	0.5g
Carbohydrate	92.4g	14.2g
- Sugars	82.8g	12.7g
Sodium	279mg	43mg

Ingredients: Skim Milk (Homogenised & Pasteurised Skim Milk), Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.), Chocolate Syrup (Water, Sugar, Maize Thickener (1442), Cocoa Powder, Chocolate Flavour, Food Acid (330), Salt, Vegetable Gum (415, Contains Traces Of Soy), Preservatives (202, 223), Colours (155, 102, 122, 133)), Caramel Syrup (Water, Sugar, Milk, Maize Thickener (1442), Caramel Flavour, Vegetable Gum (415, Contains Traces Of Soy), Preservatives (202, 223), Colours (102, 155, 133, 150c), Food Acid (330), Salt.), Crunchie (Sugar, Glucose Syrup, Milk Solids, Cocoa Butter, Cocoa Mass Raising Agent (500), Emulsifiers (Coy Lecithin, 476), Hydrolysed Milk Protein, Flavours. Milk Chocolate Contains Cocoa Solids (26%), Milk Solids (23%)).

Contains Milk, Soybeans.

May Contain Peanuts, Tree Nuts and Wheat.

## **Cherry Explosion with Full Cream Milk**

NUTRITION INFORMATION Servings per package: 1 Serving size: 650mL

	Average Quantity per Serving	Average Quantity per 100mL
Energy	2100kJ (503Cal)	324kJ (77Cal)
Protein	10.5g	1.6g
Fat, Total	11.5g	1.6g
- Saturated	8.5g	1.3g
Carbohydrate	87.3g	13.4g
- Sugars	78.5g	12.1g
Sodium	223mg	34mg

Ingredients: Milk, Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.), Chocolate Syrup (Water, Sugar, Maize Thickener (1442), Cocoa Powder, Chocolate Flavour, Food Acid (330), Salt, Vegetable Gum (415, Contains Traces Of Soy), Preservatives (202, 223), Colours (155, 102, 122, 133)), Strawberry Syrup (Water, Sugar, Strawberries, Maize Thickener (1442), Food Acid (296), Strawberry Flavour, Vegetable Gum (415), Preservative (202, 223), Colours (124, 122)), Cherry Ripe (Sugar, Coconut (Contains Preservative (223 (Sulphites))), Glace Cherries (Cherries, Wheat Glucose Syrup, Colour (163), Food Acid (330), Sulphites), Glucose Syrup, Cocoa Mass, Sweetened Condensed Milk (Milk, Sugar, Milk Solids), Vegetable Fat, Cocoa Butter, Milk Solids, Cocoa Powder, Gelatine, Invert Sugar, Cornstarch, Tapioca Starch, Emulsifiers (Soy Lecithin, 476), Colours (120, 160c), Flavours, Mineral Salt (500)).

Contains Cereals Containing Gluten, Milk, Soybeans, Sulphites.

May Contain Peanuts, Tree Nuts.

## **Cherry Explosion with Skim Milk**

NUTRITION INFORMATION
Servings per package: 1
Serving size: 650ml

Serving size: 650mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	1890kJ (451Cal)	290kJ (69Cal)
Protein	10.3g	1.6g
Fat, Total	5.9g	0.9g
- Saturated	4.8g	0.7g
Carbohydrate	86.9g	13.4g
- Sugars	78.0g	12.0g
Sodium	229ma	35ma

Ingredients: Skim Milk (Homogenised & Pasteurised Skim Milk), Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102), Chocolate Syrup (Water, Sugar, Maize Thickener (1442), Cocoa Powder, Chocolate Flavour, Food Acid (330), Salt, Vegetable Gum (415, Contains Traces Of Soy), Preservatives (202, 223), Colours (155, 102, 122, 133)), Strawberry Syrup (Water, Sugar, Strawberries, Maize Thickener (1442), Food Acid (296), Strawberry Flavour, Vegetable Gum (415), Preservative (202, 223), Colours (124, 122)), Cherry Ripe (Sugar, Coconut (Contains Preservative (223 (Sulphites))), Glace Cherries (Cherries, Wheat Glucose Syrup, Colour (163), Food Acid (330), Sulphites), Glucose Syrup, Cocoa Mass, Sweetened Condensed Milk (Milk, Sugar, Milk Solids), Vegetable Fat, Cocoa Butter, Milk Solids, Cocoa Powder, Gelatine, Invert Sugar, Cornstarch, Tapioca Starch, Emulsifiers (Soy Lecithin, 476), Colours (120, 160c), Flavours, Mineral Salt (500)).

Contains Cereals Containing Gluten, Milk, Soybeans, Sulphites.

May Contain Peanuts, Tree Nuts.

#### Mint Shockwave with Full Cream Milk

NUTRITION INFORMATION Servings per package: 1 Serving size: 650mL



	Average Quantity per Serving	Average Quantity per 100mL
Energy	1900kJ (455Cal)	293kJ (70Cal)
Protein	11.2g	1.7g
Fat, Total	12.9g	2.0g
- Saturated	8.7g	1.3g
Carbohydrate	72.7g	11.2g
- Sugars	65.9g	10.1g
Sodium	211mg	32mg

Ingredients: Milk, Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.), Lime Syrup (Water, Sugar, Thickener (1422), Flavour, Food Acid (330), Vegetable Gum (415), Preservatives (211, 223), Colours (102, 133)), Mint Bubbly (Full Cream Milk, Sugar, Cocoa Butter. Milk Solids, Cocoa Mass Emulsifiers (Soy Lecithin, 476), Colour (141), Flavours. Milk Chocolates Contains Cocoa Solids 26%, Milk Solids Minimum 24%).

#### Contains Milk, Soybeans.

May Contain Cereals Containing Gluten, Peanuts, Tree Nuts.

Mint Shockwave with Skim Milk
NUTRITION INFORMATION
Servings per package: 1
Serving size: 650mL

	Average Quantity per Serving	Average Quantity per 100mL
Energy	1690kJ (403Cal)	260kJ (62Cal)
Protein	11.0g	1.7g
Fat, Total	7.4g	1.1g
- Saturated	5.1g	0.8g
Carbohydrate	72.2g	11.1g
- Sugars	65.4g	10.1g
Sodium	217mg	33mg

Ingredients: Skim Milk (Homogenised & Pasteurised Skim Milk), Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.), Lime Syrup (Water, Sugar, Thickener (1422), Flavour, Food Acid (330), Vegetable Gum (415), Preservatives (211, 223), Colours (102, 133)), Mint Bubbly (Full Cream Milk, Sugar, Cocoa Butter, Milk Solids, Cocoa Mass Emulsifiers (Soy Lecithin, 476), Colour (141), Flavours. Milk Chocolates Contains Cocoa Solids 26%, Milk Solids Minimum 24%).

#### Contains Milk, Soybeans.

May Contain Cereals Containing Gluten, Peanuts, Tree Nuts.

#### White Chocolate Mocha Quakeshake

NUTRITION INFORMATION

Sodium



Ingredients: Milk, White Choc Sauce (Sugar, Water, Sweetened Condensed Milk (Milk Sugar), Glucose Syrup (Wheat Derived), Thickener (1422), Golden Syrup, Salt, Flavour, Vegetable Gum (415), Colours (171, 102, 110), Emulsifier (471), Preservative (202), Food Acid (330), Mineral Salt (339)), Vanilla Soft Serve Powder (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.), Espresso (Water, Coffee), Flake Garnish (Full Cream Milk, Sugar, Cocoa Butter, Cocoa Mass, Milk Solids, Emulsifiers And Flavours). Contains Cereals Containing Gluten, Milk, Soybeans.

45mg

295mg

## **SMOOTHIES**



Serving size: 425mL



	Average Quantity per Serving	Average Quantity per 100mL
Energy	742kJ (177Cal)	174kJ (42Cal)
Protein	6.7g	1.6g
Fat, Total	2.2g	0.5g
- Saturated	1.7g	0.4g
Carbohydrate	32.1g	7.6g
- Sugars	28.6g	6.7g
Sodium	126mg	30mg

Mango Smoothie - Lge		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 650mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	1210kJ (289Cal)	186kJ (44Cal)
Protein	10.8g	1.7g
Fat, Total	4.1g	0.6g
- Saturated	3.0g	0.5g
Carbohydrate	51.3g	7.9g
- Sugars	45.8g	7.1g
Sodium	200mg	31mg

Ingredients: Skim Milk (Homogenised & Pasteurised Skim Milk), Mango Fruit Smoothie Base (Mango 65%, Sugar, Thickener (1442), Natural Flavour, Antioxidant (300), Acidity Regulator (270), Preservative (202), Colour (160c)), Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.).

Contains Milk, Soybeans.

## **Banana Smoothie - Med**

NUTRITION INFORMATION Servings per package: 1 Serving size: 425mL



	Average Quantity per Serving	Average Quantity per 100mL
Energy	735kJ (176Cal)	173kJ (41Cal)
Protein	6.7g	1.6g
Fat, Total	2.2g	0.5g
- Saturated	1.7g	0.4g
Carbohydrate	32.2g	7.6g
- Sugars	28.7g	6.8g
Sodium	127mg	30mg

## **Banana Smoothie - Lge**

NUTRITION INFORMATION Servings per package: 1 Serving size: 650mL

Serving size: 650mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	1190kJ (285Cal)	183kJ (44Cal)
Protein	10.8g	1.7g
Fat, Total	4.1g	0.6g
- Saturated	3.0g	0.5g
Carbohydrate	51.5g	7.6g
- Sugars	46g	7.1g
Sodium	201mg	31mg

Ingredients: Skim Milk (Homogenised & Pasteurised Skim Milk), Banana Fruit Smoothie Base (Banana 69% (Musaceae Sp "cavendish", "sapientum"), Sugar, Water, Thickener (1442), Natural Flavour, Acidity Regulator (270, 330), Antioxidant (300), Preservative (202), Colour (160a, 100)), Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.).

Contains Milk, Soybeans.

## Strawberry Smoothie - Med

NUTRITION INFORMATION Servings per package: 1 Serving size: 425mL



	Average Quantity per Serving	Average Quantity per 100mL
Energy	743kJ (178Cal)	175kJ (42Cal)
Protein	6.7g	1.6g
Fat, Total	2.2g	0.5g
- Saturated	1.7g	0.4g
Carbohydrate	32.2g	7.6g
- Sugars	28.7g	6.8g
Sodium	127mg	30mg

## **Strawberry Smoothie - Lge**

NUTRITION INFORMATION Servings per package: 1 Serving size: 650mL

Serving size: 650mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	1210kJ (290Cal)	186kJ (45Cal)
Protein	10.8g	1.7g
Fat, Total	4.1g	0.6g
- Saturated	3.0g	0.5g
Carbohydrate	51.5g	7.9g
- Sugars	46.1g	7.1g
Sodium	201mg	31mg

Ingredients: Skim Milk (Homogenised & Pasteurised Skim Milk), Strawberry Fruit Smoothie Base (Strawberry (61%), Sugar, Thickener (1442), Natural Flavour, Acidity Regulator (330), Preservative (202), Colour (120, 160a)), Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.).

Contains Milk, Soybeans.

#### **YOGHURT SMOOTHIES**

## Mango Yoghurt Smoothie - Med

NUTRITION INFORMATION Servings per package: 1 Serving size: 425mL



	Average Quantity per Serving	Average Quantity per 100mL
Energy	1370kJ (326Cal)	321kJ (77Cal)
Protein	9.3g	2.2g
Fat, Total	2.5g	0.6g
- Saturated	2.0g	0.5g
Carbohydrate	64.5g	15.2g
- Sugars	53.8g	12.7g
Sodium	176mg	42mg

## Mango Yoghurt Smoothie - Lge

NUTRITION INFORMATION Servings per package: 1 Serving size: 650mL

Serving size. Osomic		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	1830kJ (438Cal)	282kJ (67Cal)
Protein	13.4g	2.1g
Fat, Total	4.4g	0.7g
- Saturated	3.3g	0.5g
Carbohydrate	83.7g	12.9g
- Sugars	71.1g	10.9g
Sodium	250mg	39mg

Ingredients: Skim Milk (Homogenised & Pasteurised Skim Milk), Mango Fruit Smoothie Base (Mango 65%, Sugar, Thickener (1442), Natural Flavour, Antioxidant (300), Acidity Regulator (270), Preservative (202), Colour (160c)), Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.), Yoghurt Smoothie Powder (Sugar, Maltodextrin, Milk Solids, Fructose, Dietary Fibre Inulin), Dextrose, Food Acid (330, 331), Flavour, Yoghurt Powder, Anticaking Agent (551), Emulsifier (471), Stabiliser (471, 412, 410, 405, 407), Salt And Live Cultures).

Contains Milk, Soybeans.

## Banana Yoghurt Smoothie - Med

NUTRITION INFORMATION Servings per package: 1 Serving size: 425mL



	Average Quantity per Serving	Average Quantity per 100mL
Energy	1360kJ (325Cal)	320kJ (76Cal)
Protein	9.3g	2.2g
Fat, Total	2.5g	0.6g
- Saturated	2.0g	0.5g
Carbohydrate	64.6g	15.2g
- Sugars	53.9g	12.7g
Sodium	177mg	42mg

#### **Banana Yoghurt Smoothie - Lge**

NUTRITION INFORMATION Servings per package: 1 Serving size: 650mL

Serving size: 650mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	1820kJ (434Cal)	279kJ (67Cal)
Protein	13.4g	2.1g
Fat, Total	4.4g	0.7g
- Saturated	3.3g	0.5g
Carbohydrate	83.9g	12.9g
- Sugars	71.2g	11.0g
Sodium	251mg	39mg

Ingredients: Skim Milk (Homogenised & Pasteurised Skim Milk), Banana Fruit Smoothie Base (Banana 69% (Musaceae Sp "cavendish", "sapientum"), Sugar, Water, Thickener (1442), Natural Flavour, Acidity Regulator (270, 330), Antioxidant (300), Preservative (202), Colour (160a, 100)), Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.), Yoghurt Smoothie Powder (Sugar, Maltodextrin, Milk Solids, Fructose, Dietary Fibre Inulin), Dextrose, Food Acid (330, 331), Flavour, Yoghurt Powder, Anticaking Agent (551), Emulsifier (471), Stabiliser (471, 412, 410, 405, 407), Salt And Live Cultures.). Contains Milk, Soybeans.

## **Strawberry Yoghurt Smoothie - Med**

NUTRITION INFORMATION Servings per package: 1 Serving size: 425mL



	Average Quantity per Serving	Average Quantity per 100mL
Energy	1370kJ (327Cal)	322kJ (77Cal)
Protein	9.3g	2.2g
Fat, Total	2.5g	0.6g
- Saturated	2.0g	0.5g
Carbohydrate	64.6g	15.2g
- Sugars	54.0g	12.7g
Sodium	177mg	42mg

## **Strawberry Yoghurt Smoothie - Lge**

NUTRITION INFORMATION Servings per package: 1 Serving size: 650mL

Serving size: Osonic		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	1840kJ (439Cal)	282kJ (68Cal)
Protein	13.4g	2.1g
Fat, Total	4.4g	0.7g
- Saturated	3.3g	0.5g
Carbohydrate	83.9g	12.9g
- Sugars	71.3g	11.0g
Sodium	251mg	39mg

Ingredients: Skim Milk (Homogenised & Pasteurised Skim Milk), Strawberry Fruit Smoothie Base (Strawberry (61%), Sugar, Thickener (1442), Natural Flavour, Acidity Regulator (330), Preservative (202), Colour (120, 160a)), Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.), Yoghurt Smoothie Powder (Sugar, Maltodextrin, Milk Solids, Fructose, Dietary Fibre Inulin), Dextrose, Food Acid (330, 331), Flavour, Yoghurt Powder, Anticaking Agent (551), Emulsifier (471), Stabiliser (471, 412, 410, 405, 407), Salt And Live Cultures).

Contains Milk, Soybeans.

#### **ICED DRINKS**

#### **Iced Chocolate with Full Cream Milk**

NUTRITION INFORMATION Servings per package: 1 Serving size: 425mL



	Average Quantity per Serving	Average Quantity per 100mL
Energy	1620kJ (388Cal)	382kJ (91Cal)
Protein	10.6g	2.5g
Fat, Total	14.0g	3.3g
- Saturated	9.6g	2.3g
Carbohydrate	53.4g	12.6g
- Sugars	49.8g	11.7g
Sodium	187mg	44mg

Ingredients: Milk, Chocolate Syrup (Water, Sugar, Maize Thickener (1442), Cocoa Powder, Chocolate Flavour, Food Acid (330), Salt, Vegetable Gum (415, Contains Traces Of Soy), Preservatives (202, 223), Colours (155, 102, 122, 133)), Whipped Cream (Pasteurised Cream (62%) (From Milk, Contains Min 35% Milk Fat), Skimmed Milk Concentrate, Liquid Sugar (Sugar, Water), Dextrose, Propellant (Nitrogen, Nitrous Oxide), Emulsifier (471), Vegetable Gum (Carrageenan), Flavour (Natural Flavour)), Vanilla Soft (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.), Chocolate Powder (Sugar, Cocoa (21%), Maltodextrin, Tapioca Starch, Salt).

Contains Milk, Soybeans.

Iced Chocolate with Skim M	ilk	
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 425mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	1260kJ (301Cal)	297kJ (71Cal)
Protein	10.4g	2.5g
Fat, Total	4.8g	1.1g
- Saturated	3.5g	0.8g
Carbohydrate	52.7g	12.4g
- Sugars	49.1g	11.5g
Sodium	197mg	46mg

Ingredients: Skim Milk (Homogenised & Pasteurised Skim Milk), Chocolate Syrup (Water, Sugar, Maize Thickener (1442), Cocoa Powder, Chocolate Flavour, Food Acid (330), Salt, Vegetable Gum (415, Contains Traces Of Soy), Preservatives (202, 223), Colours (155, 102, 122, 133)), Whipped Cream (Pasteurised Cream (62%) (From Milk, Contains Min 35% Milk Fat), Skimmed Milk Concentrate, Liquid Sugar (Sugar, Water), Dextrose, Propellant (Nitrogen, Nitrous Oxide), Emulsifier (471), Vegetable Gum (Carrageenan), Flavour (Natural Flavour)), Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.), Chocolate Powder (Sugar, Cocoa (21%), Maltodextrin, Tapioca Starch, Salt).

Contains Milk, Soybeans.

#### **Iced Coffee with Full Cream Milk**

NUTRITION INFORMATION Servings per package: 1 Serving size: 425mL



	Average Quantity per Serving	Average Quantity per 100mL
Energy	1390kJ (332Cal)	327kJ (78Cal)
Protein	10.4g	2.4g
Fat, Total	13.9g	3.3g
- Saturated	9.5g	2.2g
Carbohydrate	40.7g	9.6g
- Sugars	39.1g	9.2g
Sodium	143mg	34mg

Ingredients: Milk, Espresso (Water, Coffee), Vanilla Syrup (Sugar, Water, Vanilla Flavour, Vegetable Gum (466), Preservative (202), Food Acid (330), Colours (150d From Wheat, 150c)), Whipped Cream (Pasteurised Cream (62%) (From Milk, Contains Min 35% Milk Fat), Skimmed Milk Concentrate, Liquid Sugar (Sugar, Water), Dextrose, Propellant (Nitrogen, Nitrous Oxide), Emulsifier (471), Vegetable Gum (Carrageenan), Flavour (Natural Flavour)), Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.).

Contains Cereals Containing Gluten, Milk, Soybeans.

#### **Iced Coffee with Skim Milk**

NUTRITION INFORMATION Servings per package: 1 Serving size: 425ml

Serving size: 425mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	1030kJ (245Cal)	241kJ (58Cal)
Protein	10.1g	2.4g
Fat, Total	4.7g	1.1g
- Saturated	3.4g	0.8g
Carbohydrate	39.9g	9.4g
- Sugars	38.4g	9.0g
Sodium	153mg	36mg

Ingredients: Skim Milk (Homogenised & Pasteurised Skim Milk), , Espresso (Water, Coffee), Vanilla Syrup (Sugar, Water, Vanilla Flavour, Vegetable Gum (466), Preservative (202), Food Acid (330), Colours (150d From Wheat, 150c)), Whipped Cream (Pasteurised Cream (62%) (From Milk, Contains Min 35% Milk Fat), Skimmed Milk Concentrate, Liquid Sugar (Sugar, Water), Dextrose, Propellant (Nitrogen, Nitrous Oxide), Emulsifier (471), Vegetable Gum (Carrageenan), Flavour (Natural Flavour)), Vanilla Soft Serve (Water Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.).

Contains Cereals Containing Gluten, Milk, Soybeans.

#### **Iced Mocha with Full Cream Milk**

NUTRITION INFORMATION Servings per package: 1 Serving size: 425mL



	Average Quantity per Serving	Average Quantity per 100mL
Energy	2400kJ (573Cal)	565kJ (135Cal)
Protein	11.7g	2.8g
Fat, Total	17.5g	4.1g
- Saturated	12.9g	3.0g
Carbohydrate	90.6g	21.3g
- Sugars	77.9g	18.3g
Sodium	326mg	77mg

Ingredients: Milk, Chocolate Syrup (Water, Sugar, Maize Thickener (1442), Cocoa Powder, Chocolate Flavour, Food Acid (330), Salt, Vegetable Gum (415, Contains Traces Of Soy), Preservatives (202, 223), Colours (155, 102, 122, 133)), Iced Coffee (Water, Sugar, Glucose Syrup Solids, Vegetable Fat, Maltodextrin, Coffee, Milk Solids, Stabiliser (466, 340), Cocoa, Salt, Emulsifier (471), Flavour, Anticaking Agent (551)), Whipped Cream (Pasteurised Cream (62%) (From Milk, Contains Min 35% Milk Fat), Skimmed Milk Concentrate, Liquid Sugar (Sugar, Water), Dextrose, Propellant (Nitrogen, Nitrous Oxide), Emulsifier (471), Vegetable Gum (Carrageenan), Flavour (Natural Flavour)), Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.).

Contains Milk, Soybeans.

## Iced Mocha with Skim Milk

NUTRITION INFORMATION Servings per package: 1 Serving size: 425mL

Serving size: 425mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	2040kJ (487Cal)	479kJ (115Cal)
Protein	11.4g	2.7g
Fat, Total	8.3g	1.9g
- Saturated	6.8g	1.6g
Carbohydrate	89.8g	21.1g
- Sugars	77.1g	18.2g
Sodium	336mg	79mg

Ingredients: Skim Milk (Homogenised & Pasteurised Skim Milk), Chocolate Syrup (Water, Sugar, Maize Thickener (1442), Cocoa Powder, Chocolate Flavour, Food Acid (330), Salt, Vegetable Gum (415, Contains Traces Of Soy), Preservatives (202, 223), Colours (155, 102, 122, 133)), Iced Coffee (Sugar, Glucose Syrup Solids, Vegetable Fat, Maltodextrin, Coffee, Milk Solids, Stabiliser (466, 340), Cocoa, Salt, Emulsifier (471), Flavour, Anticaking Agent (551)), Whipped Cream (Pasteurised Cream (62%) (From Milk, Contains Min 35% Milk Fat), Skimmed Milk Concentrate, Liquid Sugar (Sugar, Water), Dextrose, Propellant (Nitrogen, Nitrous Oxide), Emulsifier (471), Vegetable Gum (Carrageenan), Flavour (Natural Flavour)), Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.).

Contains Milk, Soybeans.



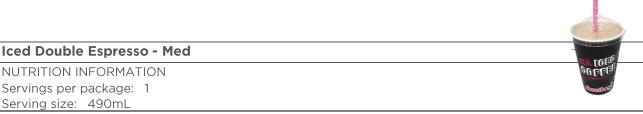
# Iced Espresso - Med NUTRITION INFORMATION Servings per package: 1 Serving size: 490mL

	Average Quantity per Serving	Average Quantity per 100mL
Energy	1090kJ (262Cal)	223kJ (53Cal)
Protein	5.6g	1.1g
Fat, Total	11.1g	2.3g
- Saturated	8.2g	1.7g
Carbohydrate	34.4g	7.0g
- Sugars	28.7g	5.9g
Sodium	141mg	29mg

Iced Espresso - Lge		
NUTRITION INFORMATION		
Servings per package: 1 Serving size: 650mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	1340kJ (320Cal)	206kJ (49Cal)
Protein	7.9g	1.2g
Fat, Total	13.2g	2.0g
- Saturated	9.7g	1.5g
Carbohydrate	41.8g	6.4g
- Sugars	35.5g	5.5g
Sodium	176mg	27mg

Ingredients: Milk, Espresso (Water, Coffee), Iced Coffee (Sugar, Glucose Syrup Solids, Vegetable Fat, Maltodextrin, Coffee, Milk Solids, Stabiliser (466, 340), Cocoa, Salt, Emulsifier (471), Flavour, Anticaking Agent (551)), Whipped Cream (Pasteurised Cream (62%) (From Milk, Contains Min 35% Milk Fat), Skimmed Milk Concentrate, Liquid Sugar (Sugar, Water), Dextrose, Propellant (Nitrogen, Nitrous Oxide), Emulsifier (471), Vegetable Gum (Carrageenan), Flavour (Natural Flavour)), Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.).

Contains Milk, Soybeans.



	Average Quantity per Serving	Average Quantity per 100mL
Energy	1460kJ (348Cal)	297kJ (71Cal)
Protein	6.1g	1.2g
Fat, Total	12.6g	2.6g
- Saturated	9.7g	2.0g
Carbohydrate	51.7g	10.6g
- Sugars	41.8g	8.5g
Sodium	206mg	42mg

Iced Double Espresso - Lge		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 650mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	1700kJ (407Cal)	262kJ (63Cal)
Protein	8.4g	1.3g
Fat, Total	14.8g	2.3g
- Saturated	11.1g	1.7g
Carbohydrate	59.3g	9.1g
- Sugars	48.5g	7.5g
Sodium	242mg	37mg

Ingredients: Milk, Espresso (Water, Coffee), Iced Coffee (Sugar, Glucose Syrup Solids, Vegetable Fat, Maltodextrin, Coffee, Milk Solids, Stabiliser (466, 340), Cocoa, Salt, Emulsifier (471), Flavour, Anticaking Agent (551)), Whipped Cream (Pasteurised Cream (62%) (From Milk, Contains Min 35% Milk Fat), Skimmed Milk Concentrate, Liquid Sugar (Sugar, Water), Dextrose, Propellant (Nitrogen, Nitrous Oxide), Emulsifier (471), Vegetable Gum (Carrageenan), Flavour (Natural Flavour)), Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.).

Contains Milk, Soybeans.



OCETE COLLEGE

Servings per package: 1 Serving size: 650mL

	Average Quantity per Serving	Average Quantity per 100mL
Energy	3160kJ (754Cal)	486kJ (116Cal)
Protein	13.9g	2.1g
Fat, Total	22.5g	3.5g
- Saturated	13.4g	2.1g
Carbohydrate	121g	18.7g
- Sugars	71.8g	11.0g
Sodium	987mg	152mg

Ingredients: DRINK- Milk, Espresso (Water, Coffee), Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.), Iced Coffee (Sugar, Glucose Syrup Solids, Vegetable Fat, Maltodextrin, Coffee, Milk Solids, Stabiliser (466, 340), Cocoa, Salt, Emulsifier (471), Flavour, Anticaking Agent (551)), Whipped Cream (Pasteurised Cream (62%) (From Milk, Contains Min 35% Milk Fat), Skimmed Milk Concentrate, Liquid Sugar (Sugar, Water), Dextrose, Propellant (Nitrogen, Nitrous Oxide), Emulsifier (471), Vegetable Gum (Carrageenan), Flavour (Natural Flavour)), Caster Sugar (Contains Allergens: Nil).

DONUT- Donut (Wheat Flour (Wheat Flour, Vitamins (Thiamine, Folate), Sugar, Vegetable Oil (Soybean Oil (Antioxidant 307)), Raising Agents (450, 500), Soybean Flour, Egg Yolk Powder, Milk Solids, Salt, Wheat Starch, Dextrose, Emulsifiers (471, 322 (From Soy), Spice, Thickener (415) And Flavour, Vegetable Frying Oil (Palm), Water, Vegetable Fats & Oils (Soybean, Palm, Canola, Coconut), Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Shortening Frying (Animal Fat, Antioxidant (320), Antifoam (900a)), Soybean Flour, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Ground Cinnamon (Cinnamon Burmanii (100%)).

Contains Cereals Containing Gluten, Egg, Milk, Soybeans.



## Iced Mocha Espresso - Med

NUTRITION INFORMATION Servings per package: 1 Serving size: 490mL

oci ville size. Tootile		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	1450kJ (346Cal)	296kJ (71Cal)
Protein	6.9g	1.4g
Fat, Total	6.9g	1.4g
- Saturated	5.0g	1.0g
Carbohydrate	64.1g	13.1g
- Sugars	52.1g	10.6g
Sodium	247mg	50mg

## Iced Mocha Espresso - Lge

NUTRITION INFORMATION Servings per package: 1 Serving size: 490mL

Serving size: 490mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	2060kJ (491Cal)	316kJ (76Cal)
Protein	9.7g	1.5g
Fat, Total	10.6g	1.6g
- Saturated	8.0g	1.2g
Carbohydrate	89.0g	13.7g
- Sugars	71.9g	11.1g
Sodium	347mg	53mg

Ingredients: Milk, Espresso (Water, Coffee), Chocolate Powder (Sugar, Cocoa (21%), Maltodextrin, Tapioca Starch, Salt), Iced Coffee (Sugar, Glucose Syrup Solids, Vegetable Fat, Maltodextrin, Coffee, Milk Solids, Stabiliser (466, 340), Cocoa, Salt, Emulsifier (471), Flavour, Anticaking Agent (551)), Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.).

Contains Milk, Soybeans.

#### **FRAPPE**



NUTRITION INFORMATION
Servings per package: 1
Serving size: 425mL

**Caramel Crunch** 

	Average Quantity per Serving	Average Quantity per 100mL
Energy	2080kJ (498Cal)	490kJ (117Cal)
Protein	7.9g	1.9g
Fat, Total	12.9g	3.0g
- Saturated	9.2g	2.2g
Carbohydrate	86.0g	20.2g
- Sugars	78.3g	18.4g
Sodium	214mg	51mg

Ingredients: Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.), Ice, Milk, Caramel Topping (Water, Sugar, Milk, Maize Thickener (1442), Caramel Flavour, Vegetable Gum (415, Contains Traces Of Soy), Preservatives (202, 223), Colours (102, 155, 133, 150c), Food Acid (330), Salt.), Whipped Cream (Pasteurised Cream (62%) (From Milk, Contains Min 35% Milk Fat), Skimmed Milk Concentrate, Liquid Sugar (Sugar, Water), Dextrose, Propellant (Nitrogen, Nitrous Oxide), Emulsifier (471), Vegetable Gum (Carrageenan), Flavour (Natural Flavour)), Crunchie (Sugar, Glucose Syrup, Milk Solids, Cocoa Butter, Cocoa Mass Raising Agent (500), Emulsifiers (Soy Lecithin, 476), Hydrolysed Milk Protein, Flavours. Milk Chocolate Contains Cocoa Solids (26%), Milk Solids (23%)), Caramel Syrup (Sugar, Water, Flavouring, Acid: Citric Acid, Colour: Caramel 150a).

Contains Milk, Soybeans.



<b>Cheeky Chocolate</b>
NUTRITION INFORMATION
Servings per package: 1
Serving size: 425mL

Jerving size. 423iiiL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	2240kJ (536Cal)	528kJ (126Cal)
Protein	9.3g	2.2g
Fat, Total	15.5g	3.7g
- Saturated	10.8g	2.5g
Carbohydrate	87.3g	20.5g
- Sugars	78.5g	18.5g
Sodium	241mg	57mg

Ingredients: Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.), Ice, Milk, Chocolate Syrup (Water, Sugar, Maize Thickener (1442), Cocoa Powder, Chocolate Flavour, Food Acid (330), Salt, Vegetable Gum (415, Contains Traces Of Soy), Preservatives (202, 223), Colours (155, 102, 122, 133)), Whipped Cream (Pasteurised Cream (62%) (From Milk, Contains Min 35% Milk Fat), Skimmed Milk Concentrate, Liquid Sugar (Sugar, Water), Dextrose, Propellant (Nitrogen, Nitrous Oxide), Emulsifier (471), Vegetable Gum (Carrageenan), Flavour (Natural Flavour)), Flake Garnish (Full Cream Milk, Sugar, Cocoa Butter, Cocoa Mass, Milk Solids, Emulsifiers And Flavours), Drinking Chocolate (Sugar, Cocoa, Maltodextrin, Tapioca Starch, Salt).

Contains Milk, Soybeans.



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## Cookies n Cream NUTRITION INFORMATION Servings per package: 1 Serving size: 425mL

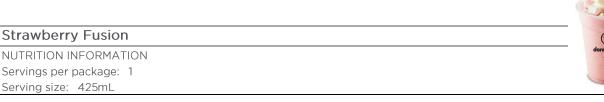
	Average Quantity per Serving	Average Quantity per 100mL
Energy	2550kJ (608Cal)	599kJ (143Cal)
Protein	8.8g	2.1g
Fat, Total	15.7g	3.7g
- Saturated	10.7	2.5g
Carbohydrate	106g	24.9g
- Sugars	92.4g	21.8g
Sodium	426mg	100mg

Ingredients: Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.), Ice, Milk, White Choc Sauce (Sugar, Water, Sweetened Condensed Milk (Milk Sugar), Glucose Syrup (Wheat Derived), Thickener (1422), Golden Syrup, Salt, Flavour, Vegetable Gum (415), Colours (171, 102, 110), Emulsifier (471), Preservative (202), Food Acid (330), Mineral Salt (339)), Oreo Biscuit (Wheat Flour, Sugar, Vegetable Oil, Cocoa Powder, Glucose Syrup, Salt, Raising Agents (500, 503), Emulsifier (Soy Lecithin), Flavours, Antioxidant (319, 304, 307b)), Whipped Cream (Pasteurised Cream (62%) (From Milk, Contains Min 35% Milk Fat), Skimmed Milk Concentrate, Liquid Sugar (Sugar, Water), Dextrose, Propellant (Nitrogen, Nitrous Oxide), Emulsifier (471), Vegetable Gum (Carrageenan), Flavour (Natural Flavour)).

Contains Cereals Containing Gluten, Milk, Soybeans.

Coffee		
NUTRITION INFORMATION		donutions
Servings per package: 1		
Serving size: 425mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	1410kJ (337Cal)	332kJ (79Cal)
Protein	7.7g	1.8g
Fat, Total	11.3g	2.7g
- Saturated	8.1g	1.9g
Carbohydrate	50.4g	11.9g
- Sugars	46.4g	10.9g
Sodium	152mg	36mg

Ingredients: Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.), Ice, Milk, Espresso (Coffee, Water), Whipped Cream (Pasteurised Cream (62%) (From Milk, Contains Min 35% Milk Fat), Skimmed Milk Concentrate, Liquid Sugar (Sugar, Water), Dextrose, Propellant (Nitrogen, Nitrous Oxide), Emulsifier (471), Vegetable Gum (Carrageenan), Flavour (Natural Flavour)), Vanilla Syrup (Sugar, Water, Natural Flavouring, Concentrated Lemon Juice, Preservative: 202, Colour:150a), Coffee Beans. Contains Milk, Soybeans.



	Average Quantity per Serving	Average Quantity per 100mL
Energy	1590kJ (381Cal)	375kJ (90Cal)
Protein	8.5g	2.0g
Fat, Total	11.8g	2.8g
- Saturated	8.5g	2.0g
Carbohydrate	59.0g	13.9g
- Sugars	53.1g	12.5g
Sodium	166mg	39mg

Ingredients: Vanilla Soft Serve Powder (Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.), Strawberry Fruit Smoothie Base (Strawberry (61%), Sugar, Thickener (1442), Natural Flavour, Acidity Regulator (330), Preservative (202), Colour (120, 160a)), Whipped Cream (Pasteurised Cream (62%) (From Milk, Contains Min 35% Milk Fat), Skimmed Milk Concentrate, Liquid Sugar (Sugar, Water), Dextrose, Propellant (Nitrogen, Nitrous Oxide), Emulsifier (471), Vegetable Gum (Carrageenan), Flavour (Natural Flavour)), Monin Strawberry Syrup (Sugar, Water, Concentrated Strawberry Juice, Natural Flavouring, Acid: Citric Acid, Concentrated Elderberry Juice, Colour: E129. Total Fruit Juice: 14.2%, Including 13% Strawberry Juice), Mini Marshmallows (Glucose Syrup (From Wheat), Preservative 220, Sugar, Water, Gelatine, Dextrose Monohydrate, Flavour, Colour 122, Stabiliser 452, Wheat Starch.).

Contains Cereals Containing Gluten, Milk, Soybeans.

Chocolate Mocha		
NUTRITION INFORMATION		douvillang
Servings per package: 1		
Serving size: 425mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	2020kJ (483Cal)	476kJ (114Cal)
Protein	8.6g	2.0g
Fat, Total	12.6g	3.0g
- Saturated	8.9g	2.1g
Carbohydrate	81.6g	19.2g
- Sugars	72.9g	17.1g
Sodium	233mg	55mg

Ingredients: Vanilla Soft Serve (Water, Sugar, Milk Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabiliser (466, 460, 340, 412, 407), Flavours, Emulsifier 471, Emulsifier (322 Soy), Salt, Anticaking Agent 551, Colour 102.),Ice, Milk, Chocolate Syrup (Water, Sugar, Maize Thickener (1442), Cocoa Powder, Chocolate Flavour, Food Acid (330), Salt, Vegetable Gum (415, Contains Traces Of Soy), Preservatives (202, 223), Colours (155, 102, 122, 133)), Espresso (Water, Coffee), Whipped Cream (Pasteurised Cream (62%) (From Milk, Contains Min 35% Milk Fat), Skimmed Milk Concentrate, Liquid Sugar (Sugar, Water), Dextrose, Propellant (Nitrogen, Nitrous Oxide), Emulsifier (471), Vegetable Gum (Carrageenan), Flavour (Natural Flavour)), Drinking Chocolate (Sugar, Cocoa, Maltodextrin, Tapioca Starch, Salt), Flake Garnish (Full Cream Milk, Sugar, Cocoa Butter, Cocoa Mass, Milk Solids, Emulsifiers And Flavours).

Contains Milk, Soybeans.