DONUTS

Last Update: January 2022

Cinnamon Donut

NUTRITION INFORMATION Servings per package: 1 Serving size: 45.5g



	Average Quantity per Serving	Average Quantity per 100g
Energy	767kJ (183Cal)	1690kJ (403Cal)
Protein	3.3g	7.2g
Fat, Total	4.4g	9.8g
- Saturated	1.5g	3.4g
Carbohydrate	31.6g	69.4g
- Sugars	12.3g	27.1g
Sodium	378mg	831mg

Ingredients: Donut- Donut King Original Cake Donut Mix (Wheat Flour (Wheat Flour, Vitamins (Thiamin, Folate), Sugar, Vegetable Oil (Soybean Oil (Antioxidant 307)), Raising Agents (450, 500), Soybean Flour, Egg Yolk Powder, Milk Solids, Salt, Wheat Starch, Dextrose, Emulsifiers (471, 322 (From Soy), Spice, Thickener (415) and Flavour, Vegetable Frying Oil (Palm), Water, Vegetable Fats & Oils (Soybean, Palm, Canola, Coconut), Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soybean Flour, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Shortening Frying (Animal Fat, Antioxidant (320), Antifoam (900a)), Caster Sugar (Contains Allergens: Nil), Ground Cinnamon (Cinnamon Burmanii (100%)).

Contains Cereals Containing Gluten, Egg, Milk, Soybeans.

May Contain Lupin.

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Servings per package: 1

Serving size: 59g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	726kJ (173Cal)	1270kJ (304Cal)
Protein	2.2g	3.8g
Fat, Total	3.6g	6.3g
- Saturated	1.3g	2.3g
Carbohydrate	32.5g	56.9g
- Sugars	18.6g	32.6g
Sodium	250mg	439mg

Ingredients: Donut (Wheat Flour (Wheat Flour, Vitamins (Thiamin, Folate), Sugar, Vegetable Oil (Soybean Oil (Antioxidant 307)), Raising Agents (450, 500), Soybean Flour, Egg Yolk Powder, Milk Solids, Salt, Wheat Starch, Dextrose, Emulsifiers (471, 322 (From Soy), Spice, Thickener (415) and Flavour, Vegetable Frying Oil (Palm), Water, Vegetable Fats & Oils (Soybean, Palm, Canola, Coconut), Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soybean Flour, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Fondant- Caramel (Sugar Syrups [Sucrose, Glucose (Wheat Derived)], Flavouring [Colours (150c, 160a, 120)].), Water, Shortening Frying (Animal Fat, Antioxidant (320), Antifoam (900a)), Non Parelis (Hundreds & Thousands) (Sugar, Tapioca Starch, Colours (133, 102, 124, 132, 123, 110, 122), Glazing Agent (903)).

Contains Cereals Containing Gluten, Egg, Milk, Soybeans.

Vanilla Iced Cake Donut **NUTRITION INFORMATION** Servings per package: 1 Serving size: 57g Average Quantity per Serving Average Quantity per 100g 750kJ (179Cal) 1270kJ (304Cal) Energy 2.3g 3.8g Protein Fat, Total 3.7g 6.2g - Saturated 1.4g 2.3g Carbohydrate 33.5g 56.8g 19.4g 32.9g - Sugars Sodium 442mg 261mg

Ingredients: Donut (Wheat Flour (Wheat Flour, Vitamins (Thiamine, Folate), Sugar, Vegetable Oil (Soybean Oil (Antioxidant 307)), Raising Agents (450, 500), Soybean Flour, Egg Yolk Powder, Milk Solids, Salt, Wheat Starch, Dextrose, Emulsifiers (471, 322 (From Soy), Spice, Thickener (415) and Flavour, Vegetable Frying Oil (Palm), Water, Vegetable Fats & Oils (Soybean, Palm, Canola, Coconut), Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soybean Flour, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Fondant- Vanilla (Sugar, Water, Glucose Syrup (Wheat), Flavouring, Thickener (415), Emulsifier (433), Acidity Regulator (330), Preservative (202)), Water, Shortening Frying (Animal Fat, Antioxidant (320), Antifoam (900a)), Non Parelis (Hundreds & Thousands) (Sugar, Tapioca Starch, Colours (133, 102, 124, 132, 123, 110, 122), Glazing Agent (903)).

Contains Cereals Containing Gluten, Egg, Milk, Soybeans.

Chocolate Iced Cake Donut		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 59g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	751kJ (176Cal)	1270kJ (304Cal)
Protein	2.3g	3.8g
Fat, Total	3.7g	6.3g
- Saturated	1.4g	2.3g
Carbohydrate	33.5g	56.8g
- Sugars	19.2g	32.5g
Sodium	261mg	442mg

Ingredients: Donut (Wheat Flour (Wheat Flour, Vitamins (Thiamin, Folate), Sugar, Vegetable Oil (Soybean Oil (Antioxidant 307)), Raising Agents (450, 500), Soybean Flour, Egg Yolk Powder, Milk Solids, Salt, Wheat Starch, Dextrose, Emulsifiers (471, 322 (From Soy), Spice, Thickener (415) And Flavour, Vegetable Frying Oil (Palm), Water, Vegetable Fats & Oils (Soybean, Palm, Canola, Coconut), Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soybean Flour, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Fondant- Chocolate (Sugar Syrups [Sucrose, Glucose (Wheat Derived)], Flavouring [Colours (161b, 120)].), Water, Shortening Frying (Animal Fat, Antioxidant (320), Antifoam (900a)), Non Parelis (Hundreds & Thousands) (Sugar, Tapioca Starch, Colours (133, 102, 124, 132, 123, 110, 122), Glazing Agent (903)).

Contains Cereals Containing Gluten, Egg, Milk, Soybeans.

Strawberry Iced Cake Donut NUTRITION INFORMATION Servings per package: 1 Serving size: 59g Average Quantity per Serving Average Quantity per 100g 753kJ (180Cal) 1280kJ (305Cal) Energy 2.3g 3.8g Protein Fat, Total 3.7g 6.3g 2.4g - Saturated 1.4g 56.9g Carbohydrate 33.6g 19.7g 33.4g - Sugars

Ingredients: Donut (Wheat Flour (Wheat Flour, Vitamins (Thiamine, Folate), Sugar, Vegetable Oil (Soybean Oil (Antioxidant 307)), Raising Agents (450, 500), Soybean Flour, Egg Yolk Powder, Milk Solids, Salt, Wheat Starch, Dextrose, Emulsifiers (471, 322 (From Soy), Spice, Thickener (415) and Flavour, Vegetable Frying Oil (Palm), Water, Vegetable Fats & Oils (Soybean, Palm, Canola, Coconut), Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soybean Flour, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Fondant- Strawberry (Sugar Syrups [Sucrose, Glucose (Wheat Derived)], Flavouring [Colour (120)].), Water, Shortening Frying (Animal Fat, Antioxidant (320), Antifoam (900a)), Sprinkles Mauve (Sugar, Vegetable Fat [Emulsifiers (492, 322 – Soy Lecithin)], Glucose (From Wheat), Water, Colours (124, 123, 133)).

439mg

259mg

Contains Cereals Containing Gluten, Egg, Milk, Soybeans.

Sodium

Mini Cinnamon Donut (10) NUTRITION INFORMATION Servings per package: 10 Serving size: 19.5g Average Quantity per Serving Average Quantity per 100g 332kJ (79Cal) 1700kJ (407Cal) Energy Protein 1.3g 6.8g 2.0g 10.2g Fat, Total - Saturated 0.7g 3.6g 13.7g 70.0g Carbohydrate 5.9g 30.1g - Sugars 153mg Sodium 785mg

Ingredients: Donut (Wheat Flour (Wheat Flour, Vitamins (Thiamin, Folate), Sugar, Vegetable Oil (Soybean Oil (Antioxidant 307)), Raising Agents (450, 500), Soybean Flour, Egg Yolk Powder, Milk Solids, Salt, Wheat Starch, Dextrose, Emulsifiers (471, 322 (From Soy), Spice, Thickener (415) and Flavour vegetable Frying Oil (Palm), Water, Vegetable Fats & Oils (Soybean, Palm, Canola, Coconut), Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soybean Flour, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Caster Sugar (Ingredients: Sugar), Shortening Frying (Animal Fat, Antioxidant (320), Antifoam (900a)), Ground Cinnamon (Cinnamon Burmanii (100%)).

Contains Cereals Containing Gluten, Egg, Milk, Soybeans.

May Contain Lupin.

Mini Iced Donut (12)

Mini Iced- Pineapple	9
NUTRITION INFORMAT	ION
Servings per package:	12
Serving size: 26g	



	Average Quantity per Serving	Average Quantity per 100g
Energy	431kJ (103Cal)	1660kJ (396Cal)
Protein	1.4g	5.2g
Fat, Total	2.1g	8.1g
- Saturated	0.8g	3.2g
Carbohydrate	19.2g	74.0g
- Sugars	11.1g	42.6g
Sodium	153mg	590mg

Mini Iced- Chocolate		
NUTRITION INFORMATION		
Servings per package: 12		
Serving size: 26g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	428kJ (103Cal)	1650kJ (393Cal)
Protein	1.4g	5.2g
Fat, Total	2.0g	7.7g
- Saturated	0.7g	2.8g
Carbohydrate	19.2g	74.0g
- Sugars	10.2g	39.4g
Sodium	154mg	593mg

Mini Iced- Strawberry		
NUTRITION INFORMATION		
Servings per package: 12		
Serving size: 26g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	431kJ (103Cal)	1660kJ (396Cal)
Protein	1.4g	5.2g
Fat, Total	2.1g	8.1g
- Saturated	0.8g	3.2g
Carbohydrate	19.2g	73.9g
- Sugars	11.1g	42.5g
Sodium	153mg	590mg

Ingredients: Donut (Wheat Flour (Wheat Flour, Vitamins (Thiamin, Folate), Sugar, Vegetable Oil (Soybean Oil (Antioxidant 307)), Raising Agents (450, 500), Soybean Flour, Egg Yolk Powder, Milk Solids, Salt, Wheat Starch, Dextrose, Emulsifiers (471, 322 (From Soy), Spice, Thickener (415) and Flavour, Vegetable Frying Oil (Palm), Water, Vegetable Fats & Oils (Soybean, Palm, Canola, Coconut), Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soybean Flour, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Fondant- Pineapple (Sugar Syrups [Sucrose, Glucose (Wheat Derived)], Flavouring [Colour (161b)].), Sprinkle Pink (Sugar, Vegetable Fat [Emulsifiers (492, 322 – Soy Lecithin)], Glucose (From Wheat), Water, Colours (123, 124)), Shortening Frying (Animal Fat, Antioxidant (320), Antifoam (900a)).

Contains Cereals Containing Gluten, Egg, Milk, Soybeans.

May Contain Peanuts, Tree Nuts, Lupin.

Ingredients: Donut (Wheat Flour (Wheat Flour, Vitamins (Thiamin, Folate), Sugar, Vegetable Oil (Soybean Oil (Antioxidant 307)), Raising Agents (450, 500), Soybean Flour, Egg Yolk Powder, Milk Solids, Salt, Wheat Starch, Dextrose, Emulsifiers (471, 322 (From Soy), Spice, Thickener (415) and Flavour, Vegetable Frying Oil (Palm), Water, Vegetable Fats & Oils (Soybean, Palm, Canola, Coconut), Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soybean Flour, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Fondant- Chocolate (Sugar Syrups [Sucrose, Glucose (Wheat Derived)], Flavouring [Colours (161b, 120)].), Non Parelis (Hundreds & Thousands) (Sugar, Tapioca Starch, Colours (133, 102, 124, 132, 123, 110, 122), Glazing Agent (903)), Shortening Frying (Animal Fat, Antioxidant (320), Antifoam (900a)).

Contains Cereals Containing Gluten, Egg, Milk, Soybeans.

May Contain Peanuts, Tree Nuts, Lupin.

Ingredients: Donut (Wheat Flour (Wheat Flour, Vitamins (Thiamin, Folate), Sugar, Vegetable Oil (Soybean Oil (Antioxidant 307)), Raising Agents (450, 500), Soybean Flour, Egg Yolk Powder, Milk Solids, Salt, Wheat Starch, Dextrose, Emulsifiers (471, 322 (From Soy), Spice, Thickener (415) And Flavour, Vegetable Frying Oil (Palm), Water, Vegetable Fats & Oils (Soybean, Palm, Canola, Coconut), Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soybean Flour, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Fondant- Strawberry (Sugar Syrups [Sucrose, Glucose (Wheat Derived)], Flavouring [Colour (120)].), Sprinkles Mauve (Sugar, Vegetable Fat [Emulsifiers (492, 322 – Soy Lecithin)], Glucose (From Wheat), Water, Colours (124, 123, 133)), Shortening Frying (Animal Fat, Antioxidant (320), Antifoam (900a)).

Contains Cereals Containing Gluten, Egg, Milk, Soybeans.

May Contain Peanuts, Tree Nuts, Lupin.

Caramel Iced Yeast Rings NUTRITION INFORMATION



Servings per package: 1 Serving size: 70g

	Average Quantity per Serving	Average Quantity per 100g
Energy	1180kJ (283Cal)	1690kJ (404Cal)
Protein	3.0g	4.2g
Fat, Total	15.0g	21.5g
- Saturated	7.2g	10.3g
Carbohydrate	33.7g	48.1g
- Sugars	17.5g	24.9g
Sodium	160mg	228mg

Ingredients: Donut (Wheat Flour, Vegetable Fats & Oils (Palm, Soybean, Canola, Coconut), Water, Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soyabean Flours, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Fondant- Caramel (Sugar Syrups [Sucrose, Glucose (Wheat Derived)], Flavouring [Colours (150c, 160a, 120)].), Fondant- Chocolate (Sugar Syrups [Sucrose, Glucose (Wheat Derived)], Flavouring [Colours (161b, 120)].).

Contains Cereals Containing Gluten, Milk, Soybeans.

May Contain Egg, Tree Nuts.

Chocolate Iced Yeast Rings



NUTRITION INFORMATION Servings per package: 1 Serving size: 70g

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	Average Quantity per Serving	Average Quantity per 100g
Energy	1200kJ (286Cal)	1710kJ (409Cal)
Protein	3.1g	4.5g
Fat, Total	15.6g	22.3g
- Saturated	7.6g	10.9g
Carbohydrate	33.0g	47.2g
- Sugars	16.9g	24.2g
Sodium	163mg	233mg

Ingredients: Donut (Wheat Flour, Vegetable Fats & Oils (Palm, Soybean, Canola, Coconut), Water, Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soyabean Flours, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Fondant- Chocolate (Sugar Syrups [Sucrose, Glucose (Wheat Derived)], Flavouring [Colours (161b, 120)].), Flake Garnish (Full Cream Milk, Sugar, Cocoa Butter, Cocoa Mass, Milk Solids, Emulsifiers and Flavours).

Contains Cereals Containing Gluten, Milk, Soybeans.

May Contain Egg, Peanuts, Tree Nuts.

Strawberry Iced Yeast Rings

NUTRITION INFORMATION Servings per package: 1 Serving size: 70g



8 - 1		
	Average Quantity per Serving	Average Quantity per 100g
Energy	1190kJ (284Cal)	1700kJ (406Cal)
Protein	3.0g	4.3g
Fat, Total	15.1g	21.6g
- Saturated	7.3g	10.5g
Carbohydrate	33.8g	48.3g
- Sugars	17.7g	25.3g
Sodium	160mg	228mg

Ingredients: Donut (Wheat Flour, Vegetable Fats & Oils (Palm, Soybean, Canola, Coconut), Water, Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soyabean Flours, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Fondant- Strawberry (Sugar Syrups [Sucrose, Glucose (Wheat Derived)], Flavouring [Colour (120)].), Sprinkles Rainbow (Sugar, Vegetable Fat [Emulsifier (322 – Soy Lecithin), Glucose (From Wheat), Colours (124, 102, 110, 133, 123, 122)).

Contains Cereals Containing Gluten, Milk, Soybeans.

May Contain Egg, Peanuts, Tree Nuts.

Pineapple Iced Yeast Rings

NUTRITION INFORMATION
Servings per package: 1
Serving size: 70g



	Average Quantity per Serving	Average Quantity per 100g
Energy	1190kJ (285Cal)	1700kJ (407Cal)
Protein	3.0g	4.3g
Fat, Total	15.1g	21.6g
- Saturated	7.3g	10.5g
Carbohydrate	33.9g	48.4g
- Sugars	17.8g	25.4g
Sodium	160mg	228mg

Ingredients: Donut (Wheat Flour, Vegetable Fats & Oils (Palm, Soybean, Canola, Coconut), Water, Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soyabean Flours, Raising Agents (500, 541), Wheat Gluten, Milk Solids Pineapple Fondant (Sugar Syrups [Sucrose, Glucose (Wheat Derived)], Flavouring [Colour (161b)].), Sprinkle Pink (Sugar, Vegetable Fat [Emulsifiers (492, 322 – Soy Lecithin)], Glucose (From Wheat), Water, Colours (123, 124)).

Contains Cereals Containing Gluten, Milk, Soybeans.

May Contain Egg, Peanuts, Tree Nuts.

Vanilla Glazed Donut

NUTRITION INFORMATION Servings per package: 1 Serving size: 60g



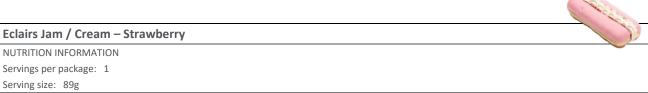
	Average Quantity per Serving	Average Quantity per 100g
Energy	1008kJ (241Cal)	1680kJ (402Cal)
Protein	3.0g	4.9g
Fat, Total	15.0g	25g
- Saturated	7.2g	12.0g
Carbohydrate	23.4g	39.0g
- Sugars	8.3g	3.8g
Sodium	159mg	265mg

Ingredients: Donut (Wheat Flour, Vegetable Fats & Oils (Palm, Soybean, Canola, Coconut), Water, Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soyabean Flours, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Vanilla Glaze (Sugar Syrups (Sucrose, Glucose (Wheat Derived)), Sugar, Flavour, Acidity Regulator (332, 330, 339), Mineral Salt (516), Thickeners (406, 410), Preservatives (200)).

Contains Cereals Containing Gluten, Milk, Soybeans.

May Contain Egg, Tree Nuts.

Eclairs



	Average Quantity per Serving	Average Quantity per 100g
Energy	1450kJ (347Cal)	1600kJ (384Cal)
Protein	3.5g	3.9g
Fat, Total	17.3g	19.4g
- Saturated	9.1g	10.2g
Carbohydrate	44.6g	48.5g
- Sugars	26.1g	27.8g
Sodium	215mg	235mg

Ingredients: Donut (Wheat Flour, Vegetable Frying Oil (Palm), Water, Vegetable Fats & Oils (Palm, Soybean, Canola, Coconut), Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soyabean Flours, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Strawberry Fondant (Sugar Syrups [Sucrose, Glucose (Wheat Derived)], Flavouring [Colour (120)].), Jam (Sugar, Water, Apple Puree, Vegetable Gums (440, 415), Food Acid (330), Flavour, Preservatives (211, 223), Colours (124, 122)), Vanilla Cream(Corn Syrup, High Fructose Corn Syrup, Water, Hydrogenated Palm Kernel Oil, Milk Solids, Emulsifiers (435, 471, 475) Stabilisers (464, 415) Sugar, Salt, Flavour, Preservative (202 Potassium Sorbate) Colour (160a)).

Contains Cereals Containing Gluten, Milk, Soybeans.

Eclairs Jam/Cream- Chocolate

NUTRITION INFORMATION Servings per package: 1 Serving size: 89g



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	Average Quantity per Serving	Average Quantity per 100g
Energy	1430kJ (341Cal)	1610kJ (384Cal)
Protein	3.5g	3.9g
Fat, Total	17.2g	19.4g
- Saturated	9.1g	10.2g
Carbohydrate	43.1g	48.4g
- Sugars	24.6g	27.6g
Sodium	211mg	237mg

Ingredients: Donut (Wheat Flour, Vegetable Frying Oil (Palm), Water, Vegetable Fats & Oils (Palm, Soybean, Canola, Coconut), Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soyabean Flours, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Chocolate Fondant (Sugar Syrups [Sucrose, Glucose (Wheat Derived)], Flavouring [Colours (161b, 120)].), Jam (Sugar, Water, Apple Puree, Vegetable Gums (440, 415), Food Acid (330), Flavour, Preservatives (211, 223), Colours (124, 122)), Vanilla Cream (Corn Syrup, High Fructose Corn Syrup, Water, Hydrogenated Palm Kernel Oil, Milk Solids, Emulsifiers (435, 471, 475) Stabilisers (464, 415) Sugar, Salt, Flavour, Preservative (202 Potassium Sorbate), Colour (160a)).

Contains Cereals Containing Gluten, Milk, Soybeans.

Eclairs Jam/Cream - Dusted

NUTRITION INFORMATION Servings per package: 1

Serving size: 67g



Serving size: 67g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	1100kJ (263Cal)	1640kJ (393Cal)
Protein	3.2g	4.7g
Fat, Total	15.8g	23.6g
- Saturated	8.3g	12.4g
Carbohydrate	27.2g	40.6g
- Sugars	11.1g	16.5g
Sodium	191mg	286mg

Ingredients: Donut (Wheat Flour, Vegetable Frying Oil (Palm), Water, Vegetable Fats & Oils (Palm, Soybean, Canola, Coconut), Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soyabean Flours, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Jam (Sugar, Water, Apple Puree, Vegetable Gums (440, 415), Food Acid (330), Flavour, Preservatives (211, 223), Colours (124, 122)), Vanilla Cream (Corn Syrup, High Fructose Corn Syrup, Water, Hydrogenated Palm Kernel Oil, Milk Solids, Emulsifiers (435, 471, 475) Stabilisers (464, 415) Sugar, Salt, Flavour, Preservative (202 Potassium Sorbate) Colour (160a)), Icing Sugar.

Contains Cereals Containing Gluten, Milk, Soybeans.

Éclair Custard/Cream - Chocolate		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 91g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	1400kJ (335Cal)	1540kJ (368Cal)
Protein	3.4g	3.7g
Fat, Total	17.7g	19.5g
- Saturated	9.6g	10.5g
Carbohydrate	40.2g	44.2g
- Sugars	21.3g	23.4g
Sodium	202mg	222mg

Ingredients: Donut (Wheat Flour, Vegetable Frying Oil (Palm), Water, Vegetable Fats & Oils (Palm, Soybean, Canola, Coconut), Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soyabean Flours, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Chocolate Fondant (Sugar Syrups [Sucrose, Glucose (Wheat Derived)], Flavouring [Colours (161b, 120)].), Custard Creme (Water, Sugar, Thickener (1442), Vegetable Fat, Salt, Flavour (Caramel Colour (150d), Diacetyl), Emulsifier (471, 433), Acidity Regulator (270), Preservative (202), Colour (171, 102, 110)), Vanilla Cream (Corn Syrup, High Fructose Corn Syrup, Water, Hydrogenated Palm Kernel Oil, Milk Solids, Emulsifiers (435, 471, 475) Stabilisers (464, 415) Sugar, Salt, Flavour, Preservative (202 Potassium Sorbate) Colour (160a)).

Contains Cereals Containing Gluten, Milk, Soybeans.

Éclair Custard/Cream - Caramel		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 91g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	1400kJ (335Cal)	1540kJ (368Cal)
Protein	3.4g	3.7g
Fat, Total	17.7g	19.5g
- Saturated	9.6g	10.5g
Carbohydrate	40.3g	44.3g
- Sugars	21.4g	23.5g
Sodium	200mg	220mg

Ingredients: Donut (Wheat Flour, Vegetable Frying Oil (Palm), Water, Vegetable Fats & Oils (Palm, Soybean, Canola, Coconut), Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soyabean Flours, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Caramel Fondant (Sugar Syrups [Sucrose, Glucose (Wheat Derived)], Flavouring [Colours (150c, 160a, 120)].), Custard Creme (Water, Sugar, Thickener (1442), Vegetable Fat, Salt, Flavour (Caramel Colour (150d), Diacetyl), Emulsifier (471, 433), Acidity Regulator (270), Preservative (202), Colour (171, 102, 110)), Vanilla Cream (Corn Syrup, High Fructose Corn Syrup, Water, Hydrogenated Palm Kernel Oil, Milk Solids, Emulsifiers (435, 471, 475) Stabilisers (464, 415) Sugar, Salt, Flavour, Preservative (202 Potassium Sorbate), Colour (160a)).

Contains Cereals Containing Gluten, Milk, Soybeans.

Éclair Custard/Cream - Dusted

NUTRITION INFORMATION



Servings per package: 1 Serving size: 75g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	1170kJ (280Cal)	1560kJ (373Cal)
Protein	3.4g	4.5g
Fat, Total	17.7g	23.6g
- Saturated	9.6g	12.8g
Carbohydrate	26.8g	35.8g
- Sugars	8.8g	11.7g
Sodium	200mg	266mg

Ingredients: Donut (Wheat Flour, Vegetable Frying Oil (Palm), Water, Vegetable Fats & Oils (Palm, Soybean, Canola, Coconut), Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soyabean Flours, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Custard Creme (Water, Sugar, Thickener (1442), Vegetable Fat, Salt, Flavour (Caramel Colour (150d), Diacetyl), Emulsifier (471, 433), Acidity Regulator (270), Preservative (202), Colour (171, 102, 110)), Vanilla Cream (Corn Syrup, High Fructose Corn Syrup, Water, Hydrogenated Palm Kernel Oil, Milk Solids, Emulsifiers (435, 471, 475) Stabilisers (464, 415) Sugar, Salt, Flavour, Preservative (202 Potassium Sorbate) Colour (160a)), Icing Sugar.

Contains Cereals Containing Gluten, Milk, Soybeans.

Choc Jam Ball		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 100g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	1640kJ (392Cal)	1640kJ (392Cal)
Protein	3.8g	3.8g
Fat, Total	17.6g	17.6g
- Saturated	8.5g	8.5g
Carbohydrate	54.1g	54.1g
- Sugars	34.0g	34.0g
Sodium	212mg	212mg

Ingredients: Donut (Wheat Flour, Raspberry Flavoured Filling (25%) (Sugar, Water, Apple Paste, Vegetable Gums (440, 415), Food Acid (330), Flavour, Preservatives (211, 223), Colours (124, 122), Vegetable Fats & Oils (Palm, Soybean, Canola, Coconut), Water, Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soybean Flours, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Chocolate Fondant (Sugar Syrups [Sucrose, Glucose (Wheat Derived)], Flavouring [Colours (161b, 120)]), Jam (Sugar, Water, Apple Puree, Vegetable Gums (440, 415), Food Acid (330), Flavour, Preservatives (211, 223), Colours (124, 122)).

Contains Cereals Containing Gluten, Milk, Soybeans.



NUTRITION INFORMATION Servings per package: 1



Page 89

Serving size: 78g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	1330kJ (319Cal)	1710kJ (408Cal)
Protein	3.8g	4.8g
Fat, Total	17.5g	22.5g
- Saturated	8.5g	10.9g
Carbohydrate	36.0g	46.2g
- Sugars	17.3g	22.1g
Sodium	203mg	260mg

Ingredients: Donut (Wheat Flour, Raspberry Flavoured Filling (25%) (Sugar, Water, Apple Paste, Vegetable Gums (440, 415), Food Acid (330), Flavour, Preservatives (211, 223), Colours (124, 122), Vegetable Fats & Oils (Palm, Soybean, Canola, Coconut), Water, Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soybean Flours, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Caster Sugar (Contains Allergens: Nil).

Contains Cereals Containing Gluten, Milk, Soybeans.

May Contain Egg, Tree Nuts.

Mini Jam Ball		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 40g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	644kJ (154Cal)	1610kJ (385Cal)
Protein	2.0g	4.9g
Fat, Total	8.8g	21.9g
- Saturated	4.2g	10.5g
Carbohydrate	16.6g	41.4g
- Sugars	6.5g	16.2g
Sodium	103mg	258mg

Ingredients: Wheat Flour, Raspberry Flavoured Filling (20%) (Sugar, Water, Apple Paste, Vegetable Gums (440, 415), Food Acid (330), Flavour, Preservatives (211, 223), Colours (124, 122)), Vegetable Frying Oil (Palm), Water, Vegetable Fats & Oils (Soybean, Palm, Canola, Coconut), Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soybean Flour, Raising Agents (500, 541), Wheat Gluten, Milk Solids.

Contains Cereals Containing Gluten, Milk, Soybeans, Sulphites.

May Contain Egg, Tree Nuts.

Hot Jam Ball Par Baked

NUTRITION INFORMATION

Servings per package: 1



Page 90

Serving size: 50g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	791kJ (189Cal)	1410kJ (337Cal)
Protein	3.9g	7.0g
Fat, Total	4.8g	8.6g
- Saturated	2.3g	4.1g
Carbohydrate	31.7g	56.5g
- Sugars	13.6g	24.3g
Sodium	165mg	295mg

Ingredients: Jam Ball (Flour, Water, Sugar, Vegetable Oil, Salt, Yeast, Improver, Soya Flour, Vinegar, Cinnamon, Apple Raspberry Jam (Apple, Pectin, Food Acid (330), Colours (122, 124, 150c), Preservative (202), Raspberry Flour)), Sugar, Shortening (Animal Fat, Antioxidant (320), Antifoam (900a)), Ground Cinnamon (Cinammon Burmanii (100%)).

Contains Cereals Containing Gluten.

Custard Ball - Chocolate

NUTRITION INFORMATION Servings per package: 1 Serving size: 100g



	Average Quantity per Serving	Average Quantity per 100g
Energy	1600kJ (382Cal)	1470kJ (351Cal)
Protein	4.2g	3.8g
Fat, Total	18.1g	16.6g
- Saturated	9.0g	8.3g
Carbohydrate	49.9g	45.8g
- Sugars	25.2g	23.1g
Sodium	263mg	241mg

Ingredients: Donut (Wheat Flour, Custard Flavoured Filling (20%) (Water, Sugar, Thickener (1442), Vegetable Fat, Salt, Emulsifiers (471, 433), Acidity Regulator (270), Preservative (202), Colours (171, 102, 110), Flavour), Vegetable Frying Oil (Palm), Water, Vegetable Fats & Oils (Soybean, Palm, Canola, Coconut), Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soybean Flour, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Chocolate Fondant (Sugar Syrups [Sucrose, Glucose (Wheat Derived)], Flavouring [Colours (161b, 120)].), Vanilla Fondant (Sugar, Water, Glucose Syrup (Wheat), Flavouring, Thickener (415), Emulsifier (433), Acidity Regulator (330), Preservative (202)).

Contains Cereals Containing Gluten, Milk, Soybeans.

May Contain Egg, Fish, Peanuts, Tree Nuts.

Custard Ball - Caramel NUTRITION INFORMATION Servings per package: 1 Serving size: 100g



	Average Quantity per Serving	Average Quantity per 100g
Energy	1600kJ (382Cal)	1470kJ (351Cal)
Protein	4.2g	3.8g
Fat, Total	18.1g	16.6g
- Saturated	9.0g	8.3g
Carbohydrate	50.0g	45.9g
- Sugars	25.3g	23.2g
Sodium	261mg	239mg

Ingredients: Donut (Wheat Flour, Custard Flavoured Filling (20%) (Water, Sugar, Thickener (1442), Vegetable Fat, Salt, Emulsifiers (471, 433), Acidity Regulator (270), Preservative (202), Colours (171, 102, 110), Flavour), Vegetable Frying Oil (Palm), Water, Vegetable Fats & Oils (Soybean, Palm, Canola, Coconut), Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soybean Flour, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Fondant- Caramel (Sugar Syrups [Sucrose, Glucose (Wheat Derived)], Flavouring [Colours (150c, 160a, 120)].), Fondant- Vanilla (Sugar, Water, Glucose Syrup (Wheat), Flavouring, Thickener (415), Emulsifier (433), Acidity Regulator (330), Preservative (202)).

Contains Cereals Containing Gluten, Milk, Soybeans.

May Contain Egg, Fish, Peanuts, Tree Nuts.

Cream Filled Custard Ball

NUTRITION INFORMATION Servings per package: 1 Serving size: 100g



	Average Quantity per Serving	Average Quantity per 100g
Energy	1470kJ (351Cal)	1470kJ (351Cal)
Protein	4.3g	4.3g
Fat, Total	20.9g	20.9g
- Saturated	11.8g	11.8g
Carbohydrate	36.0g	36.0g
- Sugars	12.3g	12.3g
Sodium	271mg	271mg

Ingredients: Donut (Wheat Flour, Custard Flavoured Filling (20%) (Water, Sugar, Thickener (1442), Vegetable Fat, Salt, Emulsifiers (471, 433), Acidity Regulator (270), Preservative (202), Colours (171, 102, 110), Flavour), Vegetable Frying Oil (Palm), Water, Vegetable Fats & Oils (Soybean, Palm, Canola, Coconut), Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soybean Flour, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Vanilla Cream (Corn Syrup, High Fructose Corn Syrup, Water, Hydrogenated Palm Kernel Oil, Milk Solids, Emulsifiers (435, 471, 475) Stabilisers (464, 415) Sugar, Salt, Flavour, Preservative (202 Potassium Sorbate) Colour (160a)), Custard Creme (Water, Sugar, Thickener (1442), Vegetable Fat, Salt, Flavour (Caramel Colour (150d), Diacetyl), Emulsifier (471, 433), Acidity Regulator (270), Preservative (202), Colour (171, 102, 110)), Icing Sugar.

Contains Cereals Containing Gluten, Milk, Soybeans.

Caramel Yeast Ring with Chocolate Drizzle

NUTRITION INFORMATION Servings per package: 1 Serving size: 76g



Serving Size. 70g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	1270kJ (304Cal)	1670kJ (399Cal)
Protein	3.0g	3.9g
Fat, Total	15.0g	19.8g
- Saturated	7.2g	9.5g
Carbohydrate	38.8g	51.1g
- Sugars	22.3g	29.3g
Sodium	161mg	211mg

Ingredients: Donut (Wheat Flour, Vegetable Fats & Oils (Palm, Soybean, Canola, Coconut), Water, Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soyabean Flours, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Caramel Fondant (Sugar Syrups [Sucrose, Glucose (Wheat Derived)], Flavouring [Colours (150c, 160a, 120)].), Chocolate Fondant (Sugar Syrups [Sucrose, Glucose (Wheat Derived)], Flavouring [Colours (161b, 120)].).

Contains Cereals Containing Gluten, Milk, Soybeans.

May Contain Egg, Tree Nuts.

Dinosaur Donut - Chocolate NUTRITION INFORMATION Servings per package: 1



Serving size: 82g

	Average Quantity per Serving	Average Quantity per 100g
Energy	1340kJ (320Cal)	1630kJ (390Cal)
Protein	3.3g	4.0g
Fat, Total	15.4g	18.8g
- Saturated	7.4g	9.0g
Carbohydrate	41.3g	50.4g
- Sugars	22.0g	26.8g
Sodium	183mg	223mg

Ingredients: Donut (Wheat Flour, Vegetable Frying Oil (Palm), Water, Vegetable Fats & Oils (Soybean, Palm, Canola, Coconut), Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soybean Flour, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Chocolate Fondant (Sugar Syrups [Sucrose, Glucose (Wheat Derived)], Flavouring [Colours (161b, 120)].), Non Parelis (Hundreds & Thousands) (Sugar, Tapioca Starch, Colours (133, 102, 124, 132, 123, 110, 122), Glazing Agent (903)), Sprinkles Yellow (Sugar, Vegetable Fat [Emulsifiers (492, 322 – Soy Lecithin)], Glucose (From Wheat), Water, Colours (102)), Smarties (Chocolate (Sugar, Milk Solids, Cocoa Butter, Cocoa Mass, Vegetable Fat [Antioxidant (309)], Emulsifiers [Soy Lecithin, 476]) And Shell (Sugar, Wheat Flour, Thickener [1401 From Corn], Colours [171, 120, 160a, 100, 163, 141], Glazing Agent (903), Spirulina Powder)).

Contains Cereals Containing Gluten, Milk, Soybeans.

May Contain Egg, Peanuts, Tree Nuts.

Dinosaur Donut - Strawberry

NUTRITION INFORMATION Servings per package: 1 Serving size: 82g



	Average Quantity per Serving	Average Quantity per 100g
Energy	1340kJ (320Cal)	1630kJ (390Cal)
Protein	3.3g	4.0g
Fat, Total	15.4g	18.8g
- Saturated	7.4g	9.0g
Carbohydrate	41.4g	50.5g
- Sugars	22.2g	27.0g
Sodium	180mg	220mg

Ingredients: Donut (Wheat Flour, Vegetable Frying Oil (Palm), Water, Vegetable Fats & Oils (Soybean, Palm, Canola, Coconut), Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soybean Flour, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Strawberry Fondant (Sugar Syrups [Sucrose, Glucose (Wheat Derived)], Flavouring [Colour (120)].), Non Parelis (Hundreds & Thousands) (Sugar, Tapioca Starch, Colours (133, 102, 124, 132, 123, 110, 122), Glazing Agent (903)), Sprinkles Mauve (Sugar, Vegetable Fat [Emulsifiers (492, 322 – Soy Lecithin)], Glucose (From Wheat), Water, Colours (124, 123, 133)), Smarties (Chocolate (Sugar, Milk Solids, Cocoa Butter, Cocoa Mass, Vegetable Fat [Antioxidant (309)], Emulsifiers [Soy Lecithin, 476]) And Shell (Sugar, Wheat Flour, Thickener [1401 From Corn], Colours [171, 120, 160a, 100, 163, 141], Glazing Agent (903), Spirulina Powder)).

Contains Cereals Containing Gluten, Milk, Soybeans.

May Contain Egg, Peanuts, Tree Nuts.

Buddies Donut - Chocolate

NUTRITION INFORMATION
Servings per package: 1
Serving size: 82g



	Average Quantity per Serving	Average Quantity per 100g
Energy	1300kJ (311Cal)	1650kJ (393Cal)
Protein	3.0g	3.8g
Fat, Total	15.2g	19.2g
- Saturated	7.4g	9.3g
Carbohydrate	40.2g	50.9g
- Sugars	23.0g	29.1g
Sodium	160mg	203mg

Ingredients: Donut (Wheat Flour, Vegetable Fats & Oils (Palm, Soybean, Canola, Coconut), Water, Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soybean Flours, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Chocolate Fondant (Sugar Syrups [Sucrose, Glucose (Wheat Derived)], Flavouring [Colours (161b, 120)].), Non Parelis (Hundreds & Thousands) (Sugar, Tapioca Starch, Colours (133, 102, 124, 132, 120, 122), Glazing Agent (903)), Smarties (Chocolate (Sugar, Milk Solids, Cocoa Butter, Cocoa Mass, Vegetable Fat [Antioxidant (309)], Emulsifiers [Soy Lecithin, 476]) And Shell (Sugar, Wheat Flour, Thickener [1401 From Corn], Colours [171, 120, 160a, 100, 163, 141], Glazing Agent (903), Spirulina Powder)), Sprinkles Mauve (Sugar, Vegetable Fat [Emulsifiers (492, 322 – Soy Lecithin)], Glucose (From Wheat), Water, Colours (124, 123, 133)).

Contains Cereals Containing Gluten, Milk, Soybeans.

May Contain Egg, Peanuts, Tree Nuts.

Buddies Donut - Strawberry

NUTRITION INFORMATION Servings per package: 1 Serving size: 79g



3CI VIII 6 312C. 73g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	1300kJ (311Cal)	1650kJ (393Cal)
Protein	3.0g	3.8g
Fat, Total	15.2g	19.2g
- Saturated	7.4g	9.3g
Carbohydrate	40.1g	50.8g
- Sugars	22.8g	28.8g
Sodium	163mg	206mg

Ingredients: Donut (Wheat Flour, Vegetable Fats & Oils (Palm, Soybean, Canola, Coconut), Water, Dextrose, Yeast, Salt, emulsifiers (471, 481, 472e), Soybean Flours, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Strawberry Fondant (Sugar Syrups [Sucrose, Glucose (Wheat Derived)], Flavouring [Colour (120)].), Non Parelis (Hundreds & Thousands) (Sugar, Tapioca Starch, Colours (133, 102, 124, 132, 123, 110, 122), Glazing Agent (903)), Smarties (Chocolate (Sugar, Milk Solids, Cocoa Butter, Cocoa Mass, Vegetable Fat [Antioxidant (309)], Emulsifiers [Soy Lecithin, 476]) And Shell (Sugar, Wheat Flour, Thickener [1401 From Corn], Colours [171, 120, 160a, 100, 163, 141], Glazing Agent (903), Spirulina Powder)), Sprinkles Blue (Sugar, Vegetable Fat (emulsifiers (439, 322 - Soy Lecithin)), Glucose From Wheat), Water, Colours (133, 122)).

Contains Cereals Containing Gluten, Milk, Soybeans.

May Contain Egg, Peanuts, Tree Nuts.



Cinnamon Scroll		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 86g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	1620kJ (387Cal)	1690kJ (404Cal)
Protein	6.2g	6.4g
Fat, Total	19.0g	19.8g
- Saturated	8.6g	9.0g
Carbohydrate	46.6g	48.5g
- Sugars	13.9g	14.4g
Sodium	331mg	345mg

Ingredients: Donut (Wheat Flour, Vegetable Frying Oil (Palm), Water, Vegetable Fats & Oils (Soybean, Palm, Canola, Coconut), Dextrose, Cinnamon (1.50%), Yeast, Salt, Emulsifiers (471, 481, 472e), Soybean Flour, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Vanilla Glaze (Sugar Syrups (Sucrose, Glucose (Wheat Derived)), Sugar, Flavour, Acidity Regulator (332, 330, 339), Mineral Salt (516), Thickeners (406, 410), Preservatives (200)).

Contains Cereals Containing Gluten, Milk, Soybeans.

May Contain Egg, Tree Nuts.

Twisted Glaze		
NUTRITION INFORMATION Servings per package: 1 Serving size: 67g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	1090kJ (260Cal)	1620kJ (388Cal)
Protein	3.3g	4.8g
Fat, Total	15.3g	22.8g
- Saturated	7.3g	10.8g
Carbohydrate	27.0g	40.2g
- Sugars	9.8g	14.6g
Sodium	179mg	268mg

Ingredients: Donut (Wheat Flour, Vegetable Frying Oil (Palm), Water, Vegetable Fats & Oils (Soybean, Palm, Canola, Coconut), Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soybean Flour, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Vanilla Glaze (Sugar Syrups (Sucrose, Glucose (Wheat Derived)), Sugar, Flavour, Acidity Regulator (332, 330, 339), Mineral Salt (516), Thickeners (406, 410), Preservatives (200)).

Contains Cereals Containing Gluten, Milk, Soybeans.

May Contain Egg, Tree Nuts.

Crocodile

Last Update: Jan

NUTRITION INFORMATION Servings per package: 1 Serving size: 88g Average Quantity per Serving Average Quantity per 100g 1410kJ (336Cal) 1600kJ (382Cal) Energy 4.1g Protein 3.6g Fat, Total 16.2g 18.4g - Saturated 7.9g 9.0g 43.4g 49.3g Carbohydrate - Sugars 23.6 26.8g Sodium 189mg 215mg

Ingredients: Donut (Wheat Flour, Vegetable Frying Oil (Palm), Water, Vegetable Fats & Oils (Soybean, Palm, Canola, Coconut), Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soybean Flour, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Vanilla Fondant (Sugar, Water, Glucose Syrup (Wheat), Flavouring, Thickener (415), Emulsifier (433), Acidity Regulator (330), Preservative (202)), Strawberries & Cream (Glucose Syrup (Wheat Or Corn), Cane Sugar, Gelatine, Thickener (1401 Or 1420) (Wheat), Gelatine, Flavours, Food Acid (Citric Acid), Colours (120, 129)), Smarties (Chocolate (Sugar, Milk Solids, Cocoa Butter, Cocoa Mass, Vegetable Fat [Antioxidant (309)], Emulsifiers [Soy Lecithin, 476]) And Shell (Sugar, Wheat Flour, Thickener [1401 From Corn], Colours [171, 120, 160a, 100, 163, 141], Glazing Agent (903), Spirulina Powder)), Flake Garnish (Full Cream Milk, Sugar, Cocoa Butter, Cocoa Mass, Milk Solids, Emulsifiers And Flavours), Sprinkles Rainbow (Sugar, Vegetable Fat [Emulsifier (322 – Soy Lecithin), Glucose (From Wheat), Colours (124, 102, 110, 133, 123, 122)), Green Leaf Colouring (Water, Corn Syrup, Sugar, Modified Corn Starch (Thickener), Glycerine, Sodium Citrate (Acid Regulator), Citric Acid (Acidifier), Carrageenan (Gelling Agent), Potassium Sorbate (Preservative), Sodium Benzoate (Preservative), Salt, Xanthan Gum (Thickener), Artificial Colours (£102 Tartrazine, £133 Brilliant Blue)).

Contains Cereals Containing Gluten, Milk, Soybeans.

May Contain Egg, Fish, Peanuts, Tree Nuts.

Twinkle 1		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 81g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	1290kJ (307Cal)	1590kJ (379Cal)
Protein	3.3g	4.1g
Fat, Total	15.5g	19.1g
- Saturated	7.4g	9.1g
Carbohydrate	38.3g	47.3g
- Sugars	19.9g	24.6g
Sodium	100mg	124mg

Ingredients: Donut (Wheat Flour, Vegetable Frying Oil (Palm), Water, Vegetable Fats & Oils (Soybean, Palm, Canola, Coconut), Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soybean Flour, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Pineapple Fondant (Sugar Syrups [Sucrose, Glucose (Wheat Derived)], Flavouring [Colour (161b)].), Smarties (Chocolate (Sugar, Milk Solids, Cocoa Butter, Cocoa Mass, Vegetable Fat [Antioxidant (309)], Emulsifiers [Soy Lecithin, 476]) And Shell (Sugar, Wheat Flour, Thickener [1401 From Corn], Colours [171, 120, 160a, 100, 163, 141], Glazing Agent (903), Spirulina Powder)), Vanilla Fondant (Sugar, Water, Glucose Syrup (Wheat), Flavouring, Thickener (415), Emulsifier (433), Acidity Regulator (330), Preservative (202)).

Contains Cereals Containing Gluten, Milk, Soybeans.

May Contain Egg, Fish, Peanuts, Tree Nuts.

Twinkle 2 NUTRITION INFORMATION Servings per package: 1 Serving size: 83g



Page 98

	Average Quantity per Serving	Average Quantity per 100g
Energy	1330kJ (319Cal)	1610kJ (384Cal)
Protein	3.4g	4.1g
Fat, Total	15.4g	18.5g
- Saturated	7.3g	8.8g
Carbohydrate	41.2g	49.6g
- Sugars	21.7g	26.2g
Sodium	102mg	122mg

Ingredients: Donut (Wheat Flour, Vegetable Frying Oil (Palm), Water, Vegetable Fats & Oils (Soybean, Palm, Canola, Coconut), Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soybean Flour, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Strawberry Fondant (Sugar Syrups [Sucrose, Glucose (Wheat Derived)], Flavouring [Colour (120)].), Marshmallow Twisted Pink And White (Sugar, Glucose Syrup (Corn), Dextrose, Water, Gelatine (Beef), Corn Starch, Acid Regulators (331), Flavour, Colour (129)), Smarties (Chocolate (Sugar, Milk Solids, Cocoa Butter, Cocoa Mass, Vegetable Fat [Antioxidant (309)], Emulsifiers [Soy Lecithin, 476]) And Shell (Sugar, Wheat Flour, Thickener [1401 From Corn], Colours [171, 120, 160a, 100, 163, 141], Glazing Agent (903), Spirulina Powder)), Fondant- Vanilla (Sugar, Water, Glucose Syrup (Wheat), Flavouring, Thickener (415), Emulsifier (433), Acidity Regulator (330), Preservative (202)).

Contains Cereals Containing Gluten, Milk, Soybeans.

May Contain Egg, Fish, Peanuts, Tree Nuts.

Sweet Talker (Mobile Phone)
NUTRITION INFORMATION
Servings per package: 1
Serving size: 90g



Serving size: 90g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	1370kJ (328Cal)	1520kJ (384Cal)
Protein	3.7g	4.1g
Fat, Total	16.1g	17.9g
- Saturated	7.9g	8.7g
Carbohydrate	41.7g	46.4g
- Sugars	22.1g	24.5g
Sodium	190mg	211mg

Ingredients: Donut (Wheat Flour, Vegetable Frying Oil (Palm), Water, Vegetable Fats & Oils (Palm, Soybean, Canola, Coconut), Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soyabean Flours, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Chocolate Fondant (Sugar Syrups [Sucrose, Glucose (Wheat Derived)], Flavouring [Colours (161b, 120)].), Smarties (Chocolate (Sugar, Milk Solids, Cocoa Butter, Cocoa Mass, Vegetable Fat [Antioxidant (309)], Emulsifiers [Soy Lecithin, 476]) And Shell (Sugar, Wheat Flour, Thickener [1401 From Corn], Colours [171, 120, 160a, 100, 163, 141], Glazing Agent (903), Spirulina Powder)), Snake (Glucose Syrup, Cane Sugar, Thickener (Dextrin Roasted Starch, Acid Treated Starch Or Starch Acetate) (Wheat), Gelatine, Food Acid (Citric), Humectant (Glycerine), Flavours, Colours (Carminic Acid, Paprika Oleoresin, Copper Chlorophyllin, Turmeric, Vegetable Carbon)), Freckle (Compound Chocolate [Sugar, Milk Solids, Vegetable Fat [Emulsifiers (Sorbian Tristearate, Soy Lecithin)], Cocoa, Emulsifier (Soy Lecithin), Salt, Flavour], Non Pareils (27%) [Sugar, Tapioca Starch, Colours (Carminic Acid, Copper Chlorophyll, Turmeric, Paprika Extract), Glazing Agent (Carnauba Wax)]. Contains Milk and Soy. May Contain Tree Nuts.).

Contains Royal Jelly, Bee Pollen, Propolis, Cereals Containing Gluten, Milk, Soybeans.

May Contain Egg, Peanuts, Tree Nuts.

This product contains royal jelly which has been reported to cause severe allergic reactions and in rare cases, fatalities, especially in asthma and allergy sufferers. This product contains bee pollen which can cause severe allergic reactions. This product contains propolis which can cause severe allergic reactions.

Churros (Plain)		
NUTRITION INFORMATION		
Servings per package: 1		The state of the s
Serving size: 92g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	1710kJ (408Cal)	1860kJ (443Cal)
		Page 9

Protein	8.4g	9.1g
Fat, Total	17.1g	18.6g
- Saturated	4.6g	5.0g
Carbohydrate	47.4g	51.5g
- Sugars	12.8g	13.9g
Sodium	516mg	561mg

Ingredients: Churros (Wheat Flour Vitamin (Thiamine, Folic Acid), Water, Canola Oil, Sugar, Salt), Shortening Frying (Animal Fat, Antioxidant (320), Antifoam (900a)), Caster Sugar (Ingredients: Sugar), Ground Cinnamon (Cinnamon Burmanii (100%)).

Contains Cereals Containing Gluten.

May Contain Soybeans.

Churros with Chocolate Dip		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 132g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	2090kJ (499Cal)	1580kJ (378Cal)
Protein	8.7g	6.6g
Fat, Total	17.4g	13.2g
- Saturated	4.9g	3.7g
Carbohydrate	68.8g	52.2g
- Sugars	33.2g	25.1g
Sodium	570mg	432mg

Ingredients: Churros (Wheat Flour Vitamin (Thiamine, Folic Acid), Water, Canola Oil, Sugar, Salt), Chocolate Flavoured Sauce (Sugar, Water, Cocoa Powder (4%), Thickener (1422), Salt, Food Acid (330), Preservative (202), Flavour, Vegetable Gum (415)), Shortening Frying (Animal Fat, Antioxidant (320), Antifoam (900a)), Caster Sugar (Ingredients: Sugar), Ground Cinnamon (Cinnamon Burmanii (100%)).

Contains Cereals Containing Gluten.

Churros with Caramel Dip		
NUTRITION INFORMATION		
Servings per package: 1 (2 Churros)		
Serving size: 132g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	2120kJ (507Cal)	1610kJ (384Cal)
Protein	9.3g	7.0g
Fat, Total	19.4g	14.7g
- Saturated	6.8g	5.1g
Carbohydrate	65.9g	49.9g
- Sugars	31.0g	23.5g
Sodium	743mg	563mg

Ingredients: Churros (Wheat Flour Vitamin (Thiamine, Folic Acid), Water, Canola Oil, Sugar, Salt), Salty Caramel Fudge Topping (Sugar, Water, Glucose Syrup, Invert Syrup, Milk Solids, Vegetable Fat, Salt (1.65%), Thickeners (1442, 401), Emulsifiers (471, 322), Mineral Salts (339, 500) Preservative (202)), Shortening Frying (Animal Fat, Antioxidant (320), Antifoam (900a)), Caster Sugar (Ingredients: Sugar), Ground Cinnamon (Cinnamon Burmanii (100%)).

Contains Cereals Containing Gluten, Milk, Soybeans.

Chocolate Bear		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 75g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	1240kJ (297Cal)	1660kJ (384Cal)
Protein	3.1g	4.2g
Fat, Total	16.4g	21.9g

Last Update: January 2022

Page 100

- Saturated	8.5g	11.3g	Ī
Carbohydrate	33.9g	45.2g	
- Sugars	17.4g	23.2g	
Sodium	168mg	224mg	

Ingredients: Donut (Wheat Flour, Vegetable Fats & Oils (Palm, Soybean, Canola, Coconut), Water, Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soyabean Flours, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Chocolate Fondant (Sugar Syrups [Sucrose, Glucose (Wheat Derived)], Flavouring [Colours (161b, 120)].), Chocolate Rich 'n' Smooth (High Fructose Corn Syrup, Partially Hydrogenated Palm Kernel Oil (Contains Soy), Water, Cocoa Alkali Processed, Milk Solids, Colour (150c), Emulsifiers (435, 475), Stabilisers (464, 514), Sugar, Salt, Flavour), Smarties (Chocolate (Sugar, Milk Solids, Cocoa Butter, Cocoa Mass, Vegetable Fat [Antioxidant (309)], Emulsifiers [Soy Lecithin, 476]) And Shell (Sugar, Wheat Flour, Thickener [1401 From Corn], Colours [171, 120, 160a, 100, 163, 141], Glazing Agent (903), Spirulina Powder)), Sugar Eyes (Dextrose, Sugar, Dextrin, Magnesium Stearate, Carnauba Wax (E903), E129 E133 E110).

Contains Cereals Containing Gluten, Milk, Soybeans.

May Contain Egg, Peanuts, Tree Nuts.

Neapolitan		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 68g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	1150kJ (275Cal)	1700kJ (405Cal)
Protein	3.10g	4.4g
Fat, Total	15.0g	22.1g
- Saturated	7.2g	10.6g
Carbohydrate	31.9g	46.9g
- Sugars	15.9g	23.4g
Sodium	161mg	236mg

Ingredients: Donut (Wheat Flour, Vegetable Fats & Oils (Palm, Soybean, Canola, Coconut), Water, Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soyabean Flours, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Chocolate Fondant (Sugar Syrups [Sucrose, Glucose (Wheat Derived)], Flavouring [Colours (161b, 120)].), Strawberry Fondant (Sugar Syrups [Sucrose, Glucose (Wheat Derived)], Flavouring [Colour (120)].), Vanilla Fondant (Sugar, Water, Glucose Syrup (Wheat), Flavouring, Thickener (415), Emulsifier (433), Acidity Regulator (330), Preservative (202)).

Contains Cereals Containing Gluten, Milk, Soybeans.

May Contain Egg, Fish, Peanuts, Tree Nuts.

Holey Caramoley		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 94g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	1400kJ (335Cal)	1490kJ (357Cal)
Protein	5.8g	6.1g
Fat, Total	15.9g	17.0g
- Saturated	6.9g	7.3g
Carbohydrate	41.6g	44.3g

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Page 101

- Sugars	22.0g	23.4g	
Sodium	206mg	219mg	

Ingredients: Donut (Wheat Flour (Vitamins (Thiamine, Folate), Water, Vegetable Fats & Oils (Palm, Canola), Dough Concentrate (Whey Powder, Wheat Flour, Emulsifiers (471, 472e), Soy Flour, Acidity Regulator (339), Egg Powder, Sugar, Yeast, Iodised Salt), Nestle Top N Fill Caramel (Milk, Sugar, Lactose (From Milk)), Caster Sugar (Ingredients: Sugar), Canola Oil (Canola Oil (66.5%), Emulsifier (Soy Lecithin (322))), Ground Cinnamon (Cinnamon Burmanii (100%)).

Contains Cereals Containing Gluten, Egg, Milk, Soybeans.

May Contain Peanuts, Tree Nuts.

Nuts Over Hazel		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 89g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	1550kJ (371Cal)	1740kJ (417Cal)
Protein	5.4g	6.1g
Fat, Total	20.4g	22.9g
- Saturated	7.7g	8.7g
Carbohydrate	41.1g	46.1g
- Sugars	21.2g	23.8g

Ingredients: Donut (Wheat Flour (Vitamins (Thiamine, Folate), Water, Vegetable Fats & Oils (Palm, Canola), Dough Concentrate (Whey Powder, Wheat Flour, Emulsifiers (471, 472e), Soy Flour, Acidity Regulator (339)), Egg Powder, Sugar, Yeast, Iodised Salt), Nutella (Sugar, Vegetable Oil (Palm), Hazelnuts, Skim Milk Powder, Fat Reduced Cocoa Powder, Emulsifiers (Lecithin), (Soy), Flavouring (Vanillin)), Caster Sugar (Ingredients: Sugar), Canola Oil (Canola Oil (66.5%), Emulsifier (Soy Lecithin (322))), Ground Cinnamon Burmanii (100%)).

221mg

Contains Royal Jelly, Cereals Containing Gluten, Egg, Milk, Soybeans, Tree Nuts.

197mg

May Contain Peanuts.

Sodium

Slamington		
NUTRITION INFORMATION		CAD CENT
Servings per package: 1		
Serving size: 102g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	1640kJ (393Cal)	1610kJ (385Cal)
Protein	4.8g	4.7g
Fat, Total	20.7g	20.3g
- Saturated	12.7g	12.4g
Carbohydrate	46.4g	45.5g
- Sugars	24.7g	24.3g

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Last Update: January 2022

Sodium 206mg 202mg

Ingredients: Donut (Wheat Flour (Vitamins (Thiamine, Folate), Water, Vegetable Fats & Oils (Palm, Canola), Dough Concentrate (Whey Powder, Wheat Flour, Emulsifiers (471, 472e), Soy Flour, Acidity Regulator (339), Egg Powder, Sugar, Yeast, Iodised Salt), Vanilla Cream-Rich 'n' Smooth® Tropic (Corn Syrup, High Fructose Corn Syrup, Water, Hydrogenated Palm Kernel Oil, Milk Solids, Emulsifiers (435, 471, 475), Stabilisers (464, 415) Sugar, Salt, Flavour, Preservative (202 Potassium Sorbate) Colour (160a)), Chocolate Fondant (Sugar Syrups [Sucrose, Glucose (Wheat Derived)], Flavouring [Colours (161b, 120)]), Coconut Shreds.

Contains Cereals Containing Gluten, Egg, Milk, Soybeans.

Unicorn Fetti		1 to 2 to 3
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 100g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	1700kJ (405Cal)	1700kJ (405Cal)
Protein	5.6g	5.6g
Fat, Total	20.2g	20.2g
- Saturated	7.9g	7.9g
Carbohydrate	49.8g	49.8g
- Sugars	28.3g	28.3g
Sodium	200mg	200mg

Ingredients: Donut (Wheat Flour (Vitamins (Thiamine, Folate), Water, Vegetable Fats & Oils (Palm, Canola), Dough Concentrate (Whey Powder, Wheat Flour, Emulsifiers (471, 472e), Soy Flour, Acidity Regulator (339), Egg Powder, Sugar, Yeast, Iodised Salt), Nutella (Sugar, Vegetable Oil (Palm), Hazelnuts, Skim Milk Powder, Fat Reduced Cocoa Powder, Emulsifiers (Lecithins), (Soy), Flavouring (Vanillin)), Chocolate Fondant (Sugar Syrups [Sucrose, Glucose (Wheat Derived)], Flavouring [Colours (161b, 120)].), Confetti Sprinkles (Sugar, Rice Flour, Vegetable Oil (Cottonseed &/or Soybean), Corn Starch, Thickeners (414, 466, 407), Glazing Agent (904), Emulsifier (322 – Soy Lecithin), Colours (110, 129, 102, 133, 132), Flavour.).

Contains Cereals Containing Gluten, Egg, Milk, Soybeans, Tree Nuts.

May Contain Peanuts.

Tough Cookie		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 91g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	1450kJ (347Cal)	1590kJ (381Cal)
Protein	4.8g	5.3g
Fat, Total	18.5g	20.3g
- Saturated	9.9g	10.9g
Carbohydrate	39.9g	43.8g
- Sugars	17.2g	18.9g
Sodium	254mg	279mg

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Ingredients: Donut (Wheat Flour (Vitamins (Thiamine, Folate), Water, Vegetable Fats & Oils (Palm, Canola), Dough Concentrate (Whey Powder, Wheat Flour, Emulsifiers (471, 472e), Soy Flour, Acidity Regulator (339), Egg Powder, Sugar, Yeast, Iodised Salt), Chocolate Rich 'n' Smooth (High Fructose Corn Syrup, Partially Hydrogenated Palm Kernel Oil (Contains Soy), Water, Cocoa Alkali Processed, Milk Solids, Colour (150c), Emulsifiers (435, 475), Stabilisers (464, 514), Sugar, Salt, Flavour.), Oreo Biscuit (Wheat Flour, Sugar, Vegetable Oil, Cocoa Powder, Glucose Syrup, Salt, Raising Agents (500, 503), Emulsifier (Soy Lecithin), Flavours, Antioxidant (319, 304, 307b)), Vanilla Glaze (Sugar Syrups (Sucrose, Glucose (Wheat Derived)), Sugar, Flavour, Acidity Regulator (332, 330, 339), Mineral Salt (516), Thickeners (406, 410), Preservatives (200)), Vanilla Cream-Rich 'n' Smooth® Tropic (Corn Syrup, High Fructose Corn Syrup, Water, Hydrogenated Palm Kernel Oil, Milk Solids, Emulsifiers (435, 471, 475) Stabilisers (464, 415) Sugar, Salt, Flavour, Preservative (202 Potassium Sorbate) Colour (160a)).

Contains Cereals Containing Gluten, Egg, Milk, Soybeans.

Ice Ice Bae Bee		18/4
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 116g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	1910kJ (455Cal)	1640kJ (393Cal)
Protein	5.1g	4.4g
Fat, Total	23.0g	19.8g
- Saturated	14.3g	12.4g
Carbohydrate	56.3g	48.5g
- Sugars	33.4g	28.8g
Sodium	217mg	187mg

Ingredients: Donut (Wheat Flour (Vitamins (Thiamine, Folate), Water, Vegetable Fats & Oils (Palm, Canola), Dough Concentrate (Whey Powder, Wheat Flour, Emulsifiers (471, 472e), Soy Flour, Acidity Regulator (339), Egg Powder, Sugar, Yeast, Iodised Salt), Chocolate Rich 'n' Smooth (High Fructose Corn Syrup, Partially Hydrogenated Palm Kernel Oil (Contains Soy), Water, Cocoa Alkali Processed, Milk Solids, Colour (150c), Emulsifiers (435, 475), Stabilisers (464, 514), Sugar, Salt, Flavour.), Coconut Ice (Sugar, Glucose (Corn), Desiccated Coconut, White Compound Chocolate (Sugar, Vegetable Fat, Whey Powder, Emulsifier (322) (From Soy), Fructose, Colour (120)), Vanilla Glaze (Sugar Syrups (Sucrose, Glucose (Wheat Derived)), Sugar, Flavour, Acidity Regulator (332, 330, 339), Mineral Salt (516), Thickeners (406, 410), Preservatives (200)), Fondant- Strawberry (Sugar Syrups [Sucrose, Glucose (Wheat Derived)], Flavouring [Colour (120)].), Coconut Shreds.

Contains Cereals Containing Gluten, Egg, Milk, Soybeans.

The Last Straw		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 119g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	1740kJ (417Cal)	1470kJ (350Cal)
Protein	5.4g	4.5g
Fat, Total	17.7g	14.9g
- Saturated	10.0g	8.4g
Carbohydrate	59.6g	50.1
- Sugars	34.2g	28.7g
Sodium	215mg	180mg

Ingredients: Donut (Wheat Flour (Vitamins (Thiamine, Folate), Water, Vegetable Fats & Oils (Palm, Canola), Dough Concentrate (Whey Powder, Wheat Flour, Emulsifiers (471, 472e), Soy Flour, Acidity Regulator (339), Egg Powder, Sugar, Yeast, Iodised Salt), Watermelon Rings (Corn Syrup, Sugar, Gelatine, Citric Acid, Sorbitol, Natural And Artificial Flavours, Lactic Acid, Titanium Dioxide), Vanilla Cream-Rich 'n' Smooth® Tropic (Corn Syrup, High Fructose

Corn Syrup, Water, Hydrogenated Palm Kernel Oil, Milk Solids, Emulsifiers (435, 471, 475) Stabilisers (464, 415) Sugar, Salt, Flavour, Preservative (202 Potassium Sorbate) Colour (160a)), Vanilla Glaze (Sugar Syrups (Sucrose, Glucose (Wheat Derived)), Sugar, Flavour, Acidity Regulator (332, 330, 339), Mineral Salt (516), Thickeners (406, 410), Preservatives (200)), Fondant- Strawberry (Sugar Syrups [Sucrose, Glucose (Wheat Derived)], Flavouring [Colour (120)].).

Contains Cereals Containing Gluten, Egg, Milk, Soybeans.

Rock My Wurl NUTRITION INFORMATION Servings per package: 1 Serving size: 107g



301 VIII 6 3120. 1076		
	Average Quantity per Serving	Average Quantity per 100g
Energy	1680kJ (402Cal)	1570kJ (376Cal)
Protein	4.7g	4.4g
Fat, Total	19.8g	18.5g
- Saturated	11.5g	10.7g
Carbohydrate	50.8g	47.5g
- Sugars	28.4g	26.5g
Sodium	226mg	211mg

Ingredients: Donut (Wheat Flour (Vitamins (Thiamine, Folate), Water, Vegetable Fats & Oils (Palm, Canola), Dough Concentrate (Whey Powder, Wheat Flour, Emulsifiers (471, 472e), Soy Flour, Acidity Regulator (339), Egg Powder, Sugar, Yeast, Iodised Salt), Vanilla Cream-Rich' n' Smooth® Tropic (Corn Syrup, High Fructose Corn Syrup, Water, Hydrogenated Palm Kernel Oil, Milk Solids, Emulsifiers (435, 471, 475) Stabilisers (464, 415) Sugar, Salt, Flavour, Preservative (202 Potassium Sorbate) Colour (160a)), Chocolate Fondant (Sugar Syrups [Sucrose, Glucose (Wheat Derived)], Flavouring [Colours (161b, 120)].), Curly Wurly Bars (Wheat Glucose Syrup, Sugar, Milk Solids, Vegetable Fat, Cocoa Butter, Cocoa Mass, Flavours, Emulsifiers (Soy Lecithin, 442, 471, 476), Salt).

Contains Cereals Containing Gluten, Egg, Milk, Soybeans.

Smart Pants	
NUTRITION INFORMAT	ION
Servings per package:	1
Serving size: 107g	



	Average Quantity per Serving	Average Quantity per 100g
Energy	1710kJ (408Cal)	1590kJ (381Cal)
Protein	5.1g	4.8g
Fat, Total	21.2g	19.8g
- Saturated	12.1g	11.3g
Carbohydrate	48.6g	45.4g
- Sugars	28.1g	26.3g
Sodium	215mg	201mg

Ingredients: Donut (Wheat Flour (Vitamins (Thiamine, Folate), Water, Vegetable Fats & Oils (Palm, Canola), Dough Concentrate (Whey Powder, Wheat Flour, Emulsifiers (471, 472e), Soy Flour, Acidity Regulator (339), Egg Powder, Sugar, Yeast, Iodised Salt), Vanilla Cream-Rich 'n' Smooth® Tropic (Corn Syrup, High Fructose Corn Syrup, Water, Hydrogenated Palm Kernel Oil, Milk Solids, Emulsifiers (435, 471, 475) Stabilisers (464, 415) Sugar, Salt, Flavour, Preservative (202 Potassium Sorbate) Colour (160a)), M&M Mini (Milk Chocolate 75% (Sugar, Cocoa Mass, Milk Powder, Cocoa Butter, Lactose, Vegetable Fat (Palm And Shea), Milk Fat, Emulsifier (Soy Lecithin), Salt,

Artificial Flavour (Ethyl Vanillin)), Sugar, Wheat Starch, Wheat Glucose Syrup, Colours (Titanium Dioxide, Allura Red Ac, Tartrazine, Sunset Yellow Fcf, Brilliant Blue Fcf), Vegetable Gum (Gum Acacia), Thickener (Dextrin)), Vanilla Glaze (Sugar Syrups (Sucrose, Glucose (Wheat Derived)), Sugar, Flavour, Acidity Regulator (332, 330, 339), Mineral Salt (516), Thickeners (406, 410), Preservatives (200)).

Contains Cereals Containing Gluten, Egg, Milk, Soybeans.

Narhawl		
NUTRITION INFORMATION		•
Servings per package: 1		
Serving size: 92.5g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	1410kJ (336Cal)	1520kJ (363Cal)
Protein	4.2g	4.6g
Fat, Total	13.7g	14.8g
- Saturated	6.0g	6.5g
Carbohydrate	48.4g	52.3g
- Sugars	27.1g	29.3g
Sodium	201mg	217mg

Ingredients: Donut (Wheat Flour (Vitamins (Thiamine, Folate), Water, Vegetable Fats & Oils (Palm, Canola), Dough Concentrate (Whey Powder, Wheat Flour, Emulsifiers (471, 472e), Soy Flour, Acidity Regulator (339), Egg Powder, Sugar, Yeast, Iodised Salt), Fondant- Vanilla (Sugar, Water, Glucose Syrup (Wheat), Flavouring, Thickener (415), Emulsifier (433), Acidity Regulator (330), Preservative (202)), White Chocolate Powder (Sugars, Vegetable Fat, Milk Solids, Stabilisers (340, 466), Salt, Emulsifier (471), Flavours, Anti-Caking Agent (551), Colour (160b)), Sprinkles Blue (Sugar, Vegetable Fat (Emulsifiers (439, 322 - Soy Lecithin)), Glucose From Wheat), Water, Colours (133, 122)), Sprinkles White (Sugar, Vegetable Fat [Emulsifiers (492, 322 - Soy Lecithin)], Glucose (From Wheat), Water), Black Icing Pouch (Water, Colours (122, 102, 133), Thickener (415), Acidity Regulator (330), Preservatives (211, 202)), Electric Blue Colouring (Water, Corn Syrup, Sugar, Modified Corn Starch (Thickener), Glycerine, Sodium Citrate (Acid Regulator), Citric Acid (Acidifier), Carrageenan (Gelling Agent), Potassium Sorbate (Preservative), Sodium Benzoate (Preservative), Salt, Xanthan Gum (Thickener), Artificial Colours (E133 Brilliant Blue)).

Contains Cereals Containing Gluten, Egg, Milk, Soybeans.

May Contain Fish, Peanuts, Tree Nuts.

Lama		
NUTRITION INFORMATION		200
Servings per package: 1		
Serving size: 89g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	1440kJ (345Cal)	1620kJ (387Cal)
Protein	3.5g	4.0g
Fat, Total	16.5g	18.6g
- Saturated	8.3g	9.4g
Carbohydrate	45.1g	50.7g
- Sugars	27.6g	31.0g
Sodium	184mg	206mg

Ingredients: Donut (Wheat Flour, Vegetable Fats & Oils (Palm, Soybean, Canola, Coconut), Water, Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soyabean Flours, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Vanilla Fondant (Sugar, Water, Glucose Syrup (Wheat), Flavouring, Thickener (415), Emulsifier (433), Acidity Regulator (330), Preservative (202)), Marshmallow (Sugar, Glucose Syrup, Invert Sugar, Gelatine, Flavours, Colour (120), Cornstarch), White Chocolate (Sugars, Vegetable Fat, Milk Solids, Stabilisers (340, 466), Salt, Emulsifier (471), Flavours, Anti-Caking Agent (551), Colour (160b)), M&M Mini (Milk Chocolate 75% (Sugar, Cocoa Mass, Milk Powder, Cocoa Butter, Lactose, Vegetable Fat (Palm And Shea), Milk Fat, Emulsifier (Soy Lecithin), Salt, Artificial Flavour (Ethyl Vanillin)), Sugar, Wheat Starch, Wheat Glucose Syrup, Colours (Titanium Dioxide, Allura Red Ac, Tartrazine, Sunset Yellow Brilliant Blue), Vegetable Gum (Gum Acacia), Thickener (Dextrin)), Black Icing Pouch (Water, Colours (122, 102, 133), Thickener (415), Acidity Regulator (330), Preservatives (211, 202)), Sprinkles White (Sugar, Vegetable Fat [Emulsifiers (492, 322 – Soy Lecithin)], Glucose (From Wheat), Water).

Page 106

Contains Cereals Containing Gluten, Milk, Soybeans.

Unicorn		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 78g		**************************************
	Average Quantity per Serving	Average Quantity per 100g
Energy	1300kJ (309Cal)	1660kJ (397Cal)
Protein	3.1g	4.0g
Fat, Total	15.5g	19.8g
- Saturated	7.7g	9.8g
Carbohydrate	39.2g	50.3g
- Sugars	22.4g	28.7g
Sodium	171mg	219mg

Ingredients: Donut (Wheat Flour, Vegetable Fats & Oils (Palm, Soybean, Canola, Coconut), Water, Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soyabean Flours, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Vanilla Fondant (Sugar, Water, Glucose Syrup (Wheat), Flavouring, Thickener (415), Emulsifier (433), Acidity Regulator (330), Preservative (202)), Sprinkles Rainbow (Sugar, Vegetable Fat [Emulsifier (322 – Soy Lecithin), Glucose (From Wheat), Colours (124, 102, 110, 133, 123, 122)), White Chocolate Powder (Sugars, Vegetable Fat, Milk Solids, Stabilisers (340, 466), Salt, Emulsifier (471), Flavours, Anti-Caking Agent (551), Colour (160b)), Black Icing Pouch (Water, Colours (122, 102, 133), Thickener (415), Acidity Regulator (330), Preservatives (211, 202)), Marshmallow Twisted Pink And White (Sugar, Glucose Syrup (Corn), Dextrose, Water, Gelatine (Beef), Corn Starch, Acid Regulators (331), Flavour, Colour (129)), Mini Flowers (Sugar, Maize Starch, Egg White Powder, Colours (102, 129, 132)).

Contains Cereals Containing Gluten, Egg, Milk, Soybeans.

May Contain Fish, Peanuts, Tree Nuts.

Polar Bear		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 77.2g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	1280kJ (306Cal)	1660kJ (396Cal)
Protein	3.3g	4.2g
Fat, Total	15.2g	19.8g
- Saturated	7.3g	9.5g
Carbohydrate	38.2g	49.5g
- Sugars	21.9g	28.3g
Sodium	170mg	220mg

Ingredients: Donut (Wheat Flour, Vegetable Fats & Oils (Palm, Soybean, Canola, Coconut), Water, Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soyabean Flours, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Vanilla Fondant (Sugar, Water, Glucose Syrup (Wheat), Flavouring, Thickener (415), Emulsifier (433), Acidity Regulator (330), Preservative (202)), Marshmallow, Sugar Eyes 11mm (Dextrose, Sugar, Dextrin, Magnesium Stearate, Carnauba Wax (E903), E129 E133 E110), Mini Oreo (Wheat Flour, Sugar, Vegetable Oil, Cocoa Powder, Glucose Syrup, Salt, Raising Agents (500, 503), Emulsifier (Soy Lecithin), Flavours, Antioxidant (319, 304, 307b)).

 ${\bf Contains} \ {\bf Cereals} \ {\bf Containing} \ {\bf Gluten}, \ {\bf Milk}, \ {\bf Soybeans}.$





	Average Quantity per Serving	Average Quantity per 100g
Energy	1420kJ (339Cal)	1730kJ (413Cal)
Protein	3.4g	4.1g
Fat, Total	16.7g	20.4g
- Saturated	8.5g	10.4g
Carbohydrate	43.3g	52.8g
- Sugars	25.1g	30.6g
Sodium	192mg	234mg

Ingredients: Donut (Palm, Soybean, Canola, Coconut), Water, Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soyabean Flours, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Chocolate Fondant (Sugar Syrups [Sucrose, Glucose (Wheat Derived)], Flavouring [Colours (161b, 120)].), Oreo Biscuit (Wheat Flour, Sugar, Vegetable Oil, Cocoa Powder, Glucose Syrup, Salt, Raising Agents (500, 503), Emulsifier (Soy Lecithin), Flavours, Antioxidant (319, 304, 307b)), Sprinkles White (Sugar, Vegetable Fat [Emulsifiers (492, 322 – Soy Lecithin)], Glucose (From Wheat), Water), Orange Chocolate Drops (Milk Compound (Sugar, Vegetable Fat, Milk Solids (14.7%), Cocoa Powder (4.9%), Emulsifiers (Soy Lecithin 322, 476, 492), Flavour), Sugar, Corn Starch, Glazing Agents (414, 553b, 903), Colours (104, 124)), Sugar Eyes 11mm (Dextrose, Sugar, Dextrin, Magnesium Stearate, Carnauba Wax (E903), E129 E133 E110).

Contains Cereals Containing Gluten, Milk, Soybeans.

May Contain Egg, Peanuts, Tree Nuts.

Koala
NUTRITION INFORMATION
Servings per package: 1
Serving size: 76g



	Average Quantity per Serving	Average Quantity per 100g
Energy	1300kJ (312Cal)	1720kJ (410Cal)
Protein	3.2g	4.3g
Fat, Total	16.2g	21.3g
- Saturated	7.9g	10.4g
Carbohydrate	37.2g	49.0g
- Sugars	20.9g	27.5g
Sodium	177mg	232mg

Ingredients: Donut (Wheat Flour, Vegetable Fats & Oils (Palm, Soybean, Canola, Coconut), Water, Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soyabean Flours, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Vanilla Fondant (Sugar, Water, Glucose Syrup (Wheat), Flavouring, Thickener (415), Emulsifier (433), Acidity Regulator (330), Preservative (202)), Clinker (Sugar, Milk Solids, Cocoa Butter, Glucose Syrup, Cocoa Mass, Glaze (Contains Vegetable Gum (414)), Gelatine, Starch (From Maize, Tapioca), Emulsifiers (Soy Lecithin, 476), Colours (100, 120), Spirulina, Flavours), Mini Oreo (Wheat Flour, Sugar, Vegetable Oil, Cocoa Powder, Glucose Syrup, Salt, Raising Agents (500, 503), Emulsifier (Soy Lecithin), Flavours, Antioxidant (319, 304, 307b)), Sugar Eyes 11mm (Dextrose, ``Sugar, Dextrin, Magnesium Stearate, Carnauba Wax (E903), E129 E133 E110), Voodoo Black Colouring Gel (Water, Corn Syrup, Sugar, Modified Corn Starch (Thickener), Glycerine, Sodium Citrate (Acid Regulator), Citric Acid (Acidifier), Carrageenan (Gelling Agent), Potassium Sorbate (Preservative), Sodium Benzoate (Preservative), Salt, Xanthan Gum (Thickener), Artificial Colours (102, 129, 127, 133)).

Contains Cereals Containing Gluten, Milk, Soybeans.

May Contain Peanuts, Tree Nuts

Christmas





Serving size. 121.4g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	2030kJ (486Cal)	1680kJ (400Cal)
Protein	4.1g	3.4g
Fat, Total	20.2g	16.6g
- Saturated	10.9g	9.0g
Carbohydrate	71.0g	58.5g
- Sugars	49.9g	41.1g
Sodium	211mg	174mg

Ingredients: Donut (Wheat Flour, Raspberry Flavoured Filling (25%) (Sugar, Water, Apple Paste, Vegetable Gums (440, 415), Food Acid (330), Flavour, Preservatives (211, 223), Colours (124, 122), Vegetable Fats & Oils (Palm, Soybean, Canola, Coconut), Water, Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soybean Flours, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Fondant- Vanilla (Sugar, Water, Glucose Syrup (Wheat), Flavouring, Thickener (415), Emulsifier (433), Acidity Regulator (330), Preservative (202)), Sprinkles Red (Sugar, Vegetable Fat [Emulsifier (492, 322 – Soy Lecithin)], Glucose (From Wheat), Water, Colour (124)), Coconut Shreds, Jaffa (Sugar, Vegetable Fat [Emulsifiers (Sorbian Tristearate, Soy Lecithin)], Wheat Flour, Cocoa, Whey Powder (Milk), Rice Starch, Emulsifier (Soy Lecithin), Flavours, Colours (Carminic Acid, Beta Carotene), Glazing Agents (Carnauba Wax, Beeswax), Salt. Contains Milk, Soy And Wheat.), Sugar Eyes 11mm (Dextrose, Sugar, Dextrin, Magnesium Stearate, Carnauba Wax (E903), E129 E133 E110).

Contains Cereals Containing Gluten, Milk, Soybeans.

		The state of the s
Mr Grouch		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 132g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	1950kJ (466Cal)	1480kJ (353Cal)
Protein	4.2g	3.2g
Fat, Total	18.4g	13.9g
- Saturated	9.3g	7.1g
Carbohydrate	70.0g	53.1g
- Sugars	44.7g	33.9g

Ingredients: Donut (Wheat Flour, Custard Flavoured Filling (20%) (Water, Sugar, Thickener (1442), Vegetable Fat, Salt, Emulsifiers (471, 433), Acidity Regulator (270), Preservative (202), Colours (171, 102, 110), Flavour), Vegetable Frying Oil (Palm), Water, Vegetable Fats & Oils (Soybean, Palm, Canola, Coconut), Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soybean Flour, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Fondant- Vanilla (Sugar, Water, Glucose Syrup (Wheat), Flavouring, Thickener (415), Emulsifier (433), Acidity Regulator (330), Preservative (202)), Fondant- Chocolate (Sugar Syrups [Sucrose, Glucose (Wheat Derived)], Flavouring [Colours (161b, 120)].), Sprinkles Red (Sugar, Vegetable Fat [Emulsifier (492, 322 – Soy Lecithin)], Glucose (From Wheat), Water, Colour (124)), Sugar Eyes 19mm (Dextrose, Sugar, Dextrin, Magnesium Stearate, Carnauba Wax (E903), E129 E133 E110), Green Leaf Colouring (Water, Corn Syrup, Sugar, Modified Corn Starch (Thickener), Glycerine, Sodium Citrate (Acid Regulator), Citric Acid (Acidifier), Carrageenan (Gelling Agent), Potassium Sorbate (Preservative), Sodium Benzoate (Preservative), Salt, Xanthan Gum (Thickener), Artificial Colours (E102 Tartrazine, E133 Brilliant Blue)).

202mg

266mg

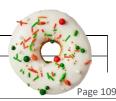
Contains Cereals Containing Gluten, Milk, Soybeans.

May Contain Egg, Fish, Peanuts, Tree Nuts.

White N	1istl	etoe
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- Sugars Sodium

NUTRITION INFORMATION



Servings per package: 1 Serving size: 72g			
	Average Quantity per Serving	Average Quantity per 100g	
Energy	1220kJ (291Cal)	1690kJ (404Cal)	
Protein	3.0g	4.1g	
Fat, Total	15.4g	21.4g	
- Saturated	7.6g	10.5g	
Carbohydrate	34.9g	48.5g	
- Sugars	18.6g	25.8g	
Sodium	225mg	312mg	

Ingredients: Donut (Wheat Flour, Vegetable Fats & Oils (Palm, Soybean, Canola, Coconut), Water, Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soyabean Flours, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Fondant- Vanilla (Sugar, Water, Glucose Syrup (Wheat), Flavouring, Thickener (415), Emulsifier (433), Acidity Regulator (330), Preservative (202)), Jimmies (Sugar, Corn Starch, Palm Oil, Maltodextrin (E1400), Dextrose, Soy Lecithin (E322), Shellac, (E129), (E133), (E110), (E127), (E102), (E555), (E171)).

Contains Cereals Containing Gluten, Milk, Soybeans.

May Contain Egg, Fish, Peanuts, Tree Nuts.

Chocolate Mistletoe		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 72g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	1220kJ (291Cal)	1690kJ (405Cal)
Protein	3.0g	4.1g
Fat, Total	15.4g	21.4g
- Saturated	7.6g	10.5g
Carbohydrate	35.0g	48.6g
- Sugars	18.3g	25.4g
Sodium	225mg	312mg

Ingredients: Donut (Wheat Flour, Vegetable Fats & Oils (Palm, Soybean, Canola, Coconut), Water, Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soyabean Flours, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Fondant- Chocolate (Sugar Syrups [Sucrose, Glucose (Wheat Derived)], Flavouring [Colours (161b, 120)].), Jimmies (Sugar, Corn Starch, Palm Oil, Maltodextrin (E1400), Dextrose, Soy Lecithin (E322), Shellac, (E129), (E133), (E110), (E127), (E555), (E171)).

Contains Cereals Containing Gluten, Milk, Soybeans.

May Contain Egg, Tree Nuts.

Reindeer		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 78.6g		
	Average Quantity per Serving	Average Quantity per 100g

Page 110

Energy	1320kJ (315Cal)	1680kJ (401Cal)	
Protein	3.2g	4.1g	
Fat, Total	15.1g	19.2g	
- Saturated	7.3g	9.3g	
Carbohydrate	41.5g	52.8g	
- Sugars	22.5g	28.7g	
Sodium	167mg	213mg	

Ingredients: Donut (Wheat Flour, Vegetable Fats & Oils (Palm, Soybean, Canola, Coconut), Water, Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soyabean Flours, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Chocolate Fondant (Sugar Syrups [Sucrose, Glucose (Wheat Derived)], Flavouring [Colours (161b, 120)].), Strawberries & Cream (Glucose Syrup (Wheat Or Corn), Cane Sugar, Gelatine, Thickener (1401 Or 1420) (Wheat), Gelatine, Flavours, Food Acid (Citric Acid), Colours (120, 129)), Christmas Mini Candy Cane (Sugar, Glucose Syrup, Peppermint Flavour, Artificial Flavours, Artificial Colours (E129, E171)), Sugar Eyes 11mm (Dextrose, Sugar, Dextrin, Magnesium Stearate, Carnauba Wax (E903), E129 E133 E110).

Contains Cereals Containing Gluten, Milk, Soybeans.

May Contain Egg, Peanuts, Tree Nuts, Lupin.

Christmas Tree		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 79g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	1250kJ (299Cal)	1590kJ (379Cal)
Protein	3.3g	4.2g
Fat, Total	15.4g	19.5g
- Saturated	7.4g	9.3g
Carbohydrate	36.3g	46.0g
- Sugars	18.4g	23.3g
Sodium	183mg	231mg

Ingredients: Donut (Wheat Flour, Vegetable Frying Oil (Palm), Water, Vegetable Fats & Oils (Soybean, Palm, Canola, Coconut), Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soybean Flour, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Fondant- Vanilla (Sugar, Water, Glucose Syrup (Wheat), Flavouring, Thickener (415), Emulsifier (433), Acidity Regulator (330), Preservative (202)), Smarties (Chocolate (Sugar, Milk Solids, Cocoa Butter, Cocoa Mass, Vegetable Fat [Antioxidant (309)], Emulsifiers [Soy Lecithin, 476]) And Shell (Sugar, Wheat Flour, Thickener [1401 From Corn], Colours [171, 120, 160a, 100, 163, 141], Glazing Agent (903), Spirulina Powder)), Green Leaf Colouring (Water, Corn Syrup, Sugar, Modified Corn Starch (Thickener), Glycerine, Sodium Citrate (Acid Regulator), Citric Acid (Acidifier), Carrageenan (Gelling Agent), Potassium Sorbate (Preservative), Sodium Benzoate (Preservative), Salt, Xanthan Gum (Thickener), Artificial Colours (E102 Tartrazine, E133 Brilliant Blue)).

Contains Cereals Containing Gluten, Milk, Soybeans.

May Contain Egg, Fish, Peanuts, Tree Nuts.

Elf Snack- Green		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 74g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	1240kJ (296Cal)	1670kJ (400Cal)
		Pag

Protein	3.0g	4.0g	
Fat, Total	15.0g	20.3g	
- Saturated	7.2g	9.7g	
Carbohydrate	37.0g	50.0g	
- Sugars	21.0g	28.4g	
Sodium	163mg	220mg	

Ingredients: Donut (Wheat Flour, Vegetable Fats & Oils (Palm, Soybean, Canola, Coconut), Water, Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soyabean Flours, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Green Fondant (Vanilla Fondant (Sugar, Water, Glucose Syrup (Wheat), Flavouring, Thickener (415), Emulsifier (433), Acidity Regulator (330), Preservative (202)), Green Leaf Colouring (Water, Corn Syrup, Sugar, Modified Corn Starch (Thickener), Glycerine, Sodium Citrate (Acid Regulator), Citric Acid (Acidifier), Carrageenan (Gelling Agent), Potassium Sorbate (Preservative), Sodium Benzoate (Preservative), Salt, Xanthan Gum (Thickener), Artificial Colours (E102 Tartrazine, E133 Brilliant Blue)), Red Fondant (Vanilla Fondant (Sugar, Water, Glucose Syrup (Wheat), Flavouring, Thickener (415), Emulsifier (433), Acidity Regulator (330), Preservative (202)), Ruby Red Colouring Gel (Water, Corn syrup, Sugar, Modified corn starch (thickener), Glycerine, Sodium citrate (acid regulator), Citric acid (acidifier), Carrageenan (gelling agent), Potassium sorbate (preservative), Sodium benzoate (preservative), Salt, Xanthan gum (thickener), Artificial colours (FD&C Red 40 (E129 Allura red AC) + FD&C Red 3 (E127 Erythrosine) + FD&C Yellow 5) E102 Tartrazine)).

Contains Cereals Containing Gluten, Milk, Soybeans.

Elf Snack- Red		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 74g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	1240kJ (296Cal)	1670kJ (400Cal)
Protein	3.0g	4.0g
Fat, Total	15.0g	20.3g
- Saturated	7.2g	9.7g
Carbohydrate	37.0g	50.0g
- Sugars	21.0g	28.4g
Sodium	163mg	220mg

Ingredients: Donut (Wheat Flour, Vegetable Fats & Oils (Palm, Soybean, Canola, Coconut), Water, Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soyabean Flours, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Red Fondant (Vanilla Fondant (Sugar, Water, Glucose Syrup (Wheat), Flavouring, Thickener (415), Emulsifier (433), Acidity Regulator (330), Preservative (202)), Ruby Red Colouring Gel (Water, Corn syrup, Sugar, Modified corn starch (thickener), Glycerine, Sodium citrate (acid regulator), Citric acid (acidifier), Carrageenan (gelling agent), Potassium sorbate (preservative), Sodium benzoate (preservative), Salt, Xanthan gum (thickener), Artificial colours (FD&C Red 40 (E129 Allura red AC) + FD&C Red 3 (E127 Erythrosine) + FD&C Yellow 5) E102 Tartrazine)), Green Fondant (Vanilla Fondant (Sugar, Water, Glucose Syrup (Wheat), Flavouring, Thickener (415), Emulsifier (433), Acidity Regulator (330), Preservative (202)), Green Leaf Colouring (Water, Corn Syrup, Sugar, Modified Corn Starch (Thickener), Glycerine, Sodium Citrate (Acid Regulator), Citric Acid (Acidifier), Carrageenan (Gelling Agent), Potassium Sorbate (Preservative), Sodium Benzoate (Preservative), Salt, Xanthan Gum (Thickener), Artificial Colours (E102 Tartrazine, E133 Brilliant Blue)),

Contains Cereals Containing Gluten, Milk, Soybeans.

Halloween

Mummy		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 88.8g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	1460kJ (348Cal)	1640kJ (392Cal)
Protein	3.0g	3.4g
Fat, Total	15.0g	16.9g
		Page 1

- Saturated	7.2g	8.1g	
Carbohydrate	49.8g	56.0g	
- Sugars	32.7g	36.8g	
Sodium	164mg	185mg	

Ingredients: Donut- Frozen Dk Donut Boy/girl Veg Oil (Wheat Flour, Vegetable Fats & Oils (Palm, Soybean, Canola, Coconut), Water, Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soybean Flours, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Chocolate Fondant (Sugar Syrups [Sucrose, Glucose (Wheat Derived)], Flavouring [Colours (161b, 120)].), Vanilla Fondant (Sugar, Water, Glucose Syrup (Wheat), Flavouring, Thickener (415), Emulsifier (433), Acidity Regulator (330), Preservative (202)), Sugar Eyes 11mm (Dextrose, Sugar, Dextrin, Magnesium Stearate, Carnauba Wax (E903), E129 E133 E110).

Contains Cereals Containing Gluten, Milk, Soybeans.

May Contain Egg, Fish, Peanuts, Tree Nuts.

Sour Monster		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 89.95g		9
	Average Quantity per Serving	Average Quantity per 100g
Energy	1470kJ (352Cal)	1640kJ (391Cal)
Protein	3.4g	3.7g
Fat, Total	15.3g	17.0g
- Saturated	7.5g	8.4g
Carbohydrate	50.0g	55.5g
- Sugars	28.0g	31.1g
Sodium	167mg	186mg

Ingredients: Donut (Wheat Flour, Vegetable Fats & Oils (Palm, Soybean, Canola, Coconut), Water, Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soyabean Flours, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Sour Worms (Cane Sugar, Glucose Syrup (From Wheat And Corn), Thickener (Acid Modified Wheat Starch), Water, Food Acids (Citric, Fumaric, Tartaric), Gelatine, Fruit Juice Concentrate, Natural Flavours, Natural Food Colours (Anthocyanins, Grape Skin Extract, Black Carrot, Spirulina, Turmeric, Paprika Oleoresin)), Vanilla Fondant (Sugar, Water, Glucose Syrup (Wheat), Flavouring, Thickener (415), Emulsifier (433), Acidity Regulator (330), Preservative (202)), Scary Eyeballs (Dextrose, Sugar, Dextrin, Magnesium Stearate, Carnauba Wax (E903), E129 E133 E110), Sprinkles Orange (Sugar, Vegetable Fat [Emulsifiers (492, 322 – Soy Lecithin)], Glucose (From Wheat), Water, Colours (110)), Sprinkles Mauve (Sugar, Vegetable Fat [Emulsifiers (492, 322 – Soy Lecithin)], Glucose (From Wheat), Water, Colours (124, 123, 133)), Sprinkles White (Sugar, Vegetable Fat [Emulsifiers (492, 322 – Soy Lecithin)], Glucose (From Wheat), Water), Neon Brite Green (Water, High Fructose Corn Syrup, Glycerine, FD&C Yellow 5 (E102), Sugar, Modified Food Starch, FD&C Blue 1 (E133), Carrageenan Gum, Potassium Sorbate And Sodium Benzoate (Preservatives), Xanthan Gum, Citric Acid).

Contains Cereals Containing Gluten, Milk, Soybeans.

Cyclops		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 77.4g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	1290kJ (309Cal)	1670kJ (399Cal)
Protein	3.1g	4.0g
Fat, Total	15.3g	19.7g
- Saturated	7.4g	9.5g
Carbohydrate	39.4g	50.9g
		Page 1

- Sugars	22.8g	29.4g	
Sodium	164mg	211mg	

Ingredients: Donut (Wheat Flour, Vegetable Fats & Oils (Palm, Soybean, Canola, Coconut), Water, Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soybean Flours, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Chocolate Fondant (Sugar Syrups [Sucrose, Glucose (Wheat Derived)], Flavouring [Colours (161b, 120)].), Marshmallow (Sugar, Glucose Syrup, Invert Sugar, Gelatine, Flavours, Colour (120), Cornstarch), M&M Mini (Milk Chocolate 75% (Sugar, Cocoa Mass, Milk Powder, Cocoa Butter, Lactose, Vegetable Fat (Palm And Shea), Milk Fat, Emulsifier (Soy Lecithin), Salt, Artificial Flavour (Ethyl Vanillin)), Sugar, Wheat Starch, Wheat Glucose Syrup, Colours (Titanium Dioxide, Allura Red Ac, Tartrazine, Sunset Yellow Fcf, Brilliant Blue Fcf), Vegetable Gum (Gum Acacia), Thickener (Dextrin)), Sugar Eyes 11mm (Dextrose, Sugar, Dextrin, Magnesium Stearate, Carnauba Wax (E903), E129 E133 E110).

Contains Cereals Containing Gluten, Milk, Soybeans.

Crazy Eye		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 77g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	1290kJ (308Cal)	1670kJ (399Cal)
Protein	3.2g	4.1g
Fat, Total	15.0g	19.5g
- Saturated	7.2g	9.4g
Carbohydrate	39.4g	51.2g
- Sugars	23.2g	30.2g
Sodium	163mg	212mg

Ingredients: Donut (Wheat Flour, Vegetable Fats & Oils (Palm, Soybean, Canola, Coconut), Water, Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soyabean Flours, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Vanilla Fondant (Sugar, Water, Glucose Syrup (Wheat), Flavouring, Thickener (415), Emulsifier (433), Acidity Regulator (330), Preservative (202)), Mallow Eyeballs (Sugar, Glucose Syrup. Dextrose, Modify Corn Starch, Gelatine (Beef), Hydroxypropyl Distarch Phosphate, Pectin, Sorbitol, Citric Acid, Malic Acid, Sodium Citrate, Flavours, Colours (E129, E102, E110, E133)), Chocolate Fondant (Sugar Syrups [Sucrose, Glucose (Wheat Derived)], Flavouring [Colours (161b, 120)].), Neon Brite Orange (Water, High Fructose Corn Syrup, Glycerine, Sugar, Fd&c Yellow 6 (E110), Fd&c Yellow 5 (E102), Modified Food Starch, Citric Acid, Sodium Benzoate And Potassium Sorbate (Preservatives), Carrageenan Gum, Fd&c Red 40 (E1219), Xanthan Gum).

Contains Cereals Containing Gluten, Milk, Soybeans.

Boogie Monster		
NUTRITION INFORMAT	ION	
Servings per package:	1	
Serving size: 77.5g		

•	•	
Fini	7	

	Average Quantity per Serving	Average Quantity per 100g
Energy	1290kJ (397Cal)	1660kJ (397Cal)
Protein	3.4g	4.4g
Fat, Total	15.0g	19.4g
- Saturated	7.2g	9.3g
Carbohydrate	39.3g	50.7g
- Sugars	21.8g	28.1g
Sodium	162mg	209mg

Ingredients: Donut (Wheat Flour, Vegetable Fats & Oils (Palm, Soybean, Canola, Coconut), Water, Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soyabean Flours, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Vanilla Fondant (Sugar, Water, Glucose Syrup (Wheat), Flavouring, Thickener (415), Emulsifier (433), Acidity Regulator (330), Preservative (202)), Gummy Fangs (Corn Syrup, Sugar,

Water, Gelatine (Beef), Humectant (420), Acidity Regulators (33, 296), Flavours, Thickener (440), Vegetable Oil, Glazing Agent (903), Colours (171, 129)), Scary Eyeballs (Dextrose, Sugar, Dextrin, Magnesium Stearate, Carnauba Wax (E903), E129 E133 E110), Neon Brite Green (Water, High Fructose Corn Syrup, Glycerine, Fd&c Yellow 5 (E102), Sugar, Modified Food Starch, Fd&c Blue 1 (E133), Carrageenan Gum, Potassium Sorbate And Sodium Benzoate (Preservatives), Xanthan Gum, Citric Acid).

Contains Cereals Containing Gluten, Milk, Soybeans.

Monster Mummy		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 76g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	1240kJ (296Cal)	1630J (389Cal)
Protein	2.5g	3.3g
Fat, Total	11.7g	15.4g
- Saturated	5.7g	7.5g
Carbohydrate	44.5g	58.5g
- Sugars	30.9g	40.6g
Sodium	139mg	183mg

Ingredients: Donut- Frozen Dk Jam Balls Veg Oil (Wheat Flour, Raspberry Flavoured Filling (25%) (Sugar, Water, Apple Paste, Vegetable Gums (440, 415), Food Acid (330), Flavour, Preservatives (211, 223), Colours (124, 122), Vegetable Fats & Oils (Palm, Soybean, Canola, Coconut), Water, Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soybean Flours, Raising Agents (500, 541), Wheat Gluten, Milk Solids), Fondant- Vanilla (Sugar, Water, Glucose Syrup (Wheat), Flavouring, Thickener (415), Emulsifier (433), Acidity Regulator (330), Preservative (202)), Scary Eyeballs (Dextrose, Sugar, Dextrin, Magnesium Stearate, Carnauba Wax (E903), E129 E133 E110).

Contains Cereals Containing Gluten, Milk, Soybeans.

May Contain Egg, Fish, Peanuts, Tree Nuts.